



Westbrook Junior AFL Club

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SEASON 2023 KEY DATES

Open Days

When: To be confirmed
Where: Mike Kenny Oval (Greenway Park), Cherrybrook

This is for any new players to find out more about our club and to have a go during a skills session. No experience is required. Current players can participate and bring a friend to experience our club and culture.

Training

Pre-season training will commence in February 2023. With the leadership of accredited AFL coaches, these sessions will focus on technique, fitness and ball handling. Training is available for all Junior and Youth players.

Season Structure

Date	U9s – U18s (Round)	Auskick (Round)
Early November 2022	Registrations open	Registrations open
15 th January 2023	Early-bird prices finish	-
2 nd April 2023	1	-
9 th April 2023	Easter	Easter
16 th April 2023	School Holidays	School Holidays
23 rd April 2023	2	1
30 th April 2023	3	2
7 th May 2023	4	3
14 th May 2023	5	4
21 st May 2023	6	5
28 th May 2023	7	U8s commence
4 th June 2023	8	Sub Regional Gala Day
11 th June 2023	June Long Weekend	June Long Weekend
18 th June 2023	9	8
25 th June 2023	10	9
2 nd July 2023	School Holidays	Girls' Gala Day
9 th July 2023	School Holidays	School Holidays
16 th July 2023	11	Auskick Burst commences
23 rd July 2023	12	12
30 th July 2023	13	13
6 th August 2023	14	U8s concludes Sub Regional Gala Day
13 th August 2023	15	Auskick concludes at home
20 th August 2023	Semi Final: SF1: 1 v 2 SF2: 3 v 4	AFLX U9/U10s Gala Day
27 th August 2023	Preliminary Final: Loser SF1 v Winner SF2	-
3 rd September 2023	Grand Final: Winner SF1 v Winner PF	-

COMPETITION STRUCTURE

Below is a summary of the AFL structure in Sydney.

Auskick 5-8 years

- For girls and boys
- Sunday morning sessions for approximately 1 hour
- Sessions consist of improving skills and practices, activities and internal grid games.
- All games use modified rules and there is no tackling
- Opportunity to participate in Swans game half-time Auskick
- Gala days
- Bonus backpacks filled with many goodies including a ball

Auskick U8s Non-Competitive Games

- For girls and boys
- Sunday morning games
- No competition tables, divisions or team grading
- Reduced field size separated into zones to avoid congestion and spread the opportunity
- Modified rules
- Skills sessions at start of season before a round robin program
- Opportunity to participate in Swans game half-time Auskick
- Bonus backpacks filled with many goodies including a ball.

Junior Boys - U9s and U10s

- No competition tables, divisions or team grading
- Reduced field size separated into 3 zones to avoid congestion and spread opportunity
- Modified tackling (no bringing to the ground, barging or charging)
- Weeknight training to be decided by team and coach
- Team squads of approximately 12 players, usually mates with mates

Junior Boys - U11s and U12s (Divisionalised)

- Competition football, divisionalised for U11s and 12s
- Reduced field size
- Junior tackling rules now apply (no player shall be deliberately slung, dumped or thrown to the ground via any tackle)
- Weeknight training to be decided by team and coach
- Team squads of approximately 16-18 players

Youth Boys - U13s, U14s, U15s and U17s (Various Divisions)

- Westbrook-registered boys play under the Pennant Hills Westbrook Demons name, which is an alliance between Westbrook and Pennant Hills.
- Separate teams for under 13, 14, 15s age groups, and a combined U16/17s.
- Full AFL field
- Full AFL rules
- Weeknight training to be decided by team and coach
- Team squads of approximately 22 players

Girls – Westbrook-registered girls play under the North-West Lightning name, which is an alliance between Westbrook, Hornsby-Berowra and Pennant Hills. Numbers pending, each club may have enough to field individual teams but all would play under the 'North-West Lightning' name.

Girls Youth U10s (Ages 8 - 10)

- Semi-competitive
- Reduced field and flexible team sizes
- Modified rules (reduced contact) - similar to the Paul Kelly Cup.
- Development focused
- Weeknight training to be decided by team and coach
- Team squads of approximately 12 players

Girls Youth U12s (Ages 11 - 12)

- Semi competitive
- Reduced field and flexible team sizes.
- Modified rules (reduced contact) - similar to the Paul Kelly Cup.
- Development focused
- Weeknight training to be decided by team and coach
- Team squads of approximately 15 players

Girls Youth U14s (Ages 13 - 14)

- Competition / Divisionalised
- Reduced field and flexible team sizes
- AFL rules
- Development focused
- Weeknight training to be decided by team and coach
- Team squads of approximately 18 players

Girls Youth U16s (Ages 15 -16)

- Competition
- Full field / Reduced field depending on numbers
- AFL rules
- 16-a-side (minimum 12-a-side), teams of approximately 20 players
- For transitioning junior girls (currently in full rule mixed competitions)
- Weeknight training to be decided by team and coach

Girls Youth U18s (Ages 17 -18)

- Competition
- Full field
- AFL rules
- 16-a-side (minimum 12-a-side), team squad approximately 20
- Weeknight training to be decided by team and coach

TEAM UNIFORM AND CLUB MERCHANDISE

Players are required to wear the team uniform on game day which consists of:

- Team guernsey (top)
- Club playing shorts
- Club footy socks
- Football boots
- Mouth guard

Team guernseys (tops) are loaned to players for the duration of the season and will be distributed by coaches at one of the pre-season training sessions. They remain the property of the club and must be returned to Coaches at the end of the season. Guernseys not returned will incur a replacement charge.

Playing shorts and socks can be purchased from the club:

- Boys U8s – U12s wear Westbrook-logoed shorts and socks
- Boys U15s - U17s will wear a new Pennant Hills Westbrook Demons uniform. More details will be available in early 2023.
- Girls wear navy shorts and socks

Mouth guards are compulsory for Under 9s and above. Refer to [Subsidised Mouthguards](#) on the Westbrook website for more information about custom-made mouthguards available to Westbrook members. The Westbrook canteen also has mouth guards for sale in the event you forget them at home matches.

A wide range of off-field and supporter merchandise is also available for purchase.

Club playing shorts, footy socks and other merchandise can be purchased via the following:

- As part of the online registration in PlayHQ
- At [Open Days](#)
- Gear Sales days (advertised via email, newsletter and social media)
- [Team App \(just checking this is this still being used?\)](#)
- [Website](#)

2023 FEES

	Early Bird Rego	Full Rego Fee
Auskick (5 – 8 year olds)	\$100*	\$100*
Auskick (U8 Semi-competitive)	\$100*	\$100*
Boys Junior U9s – U12s	\$200	\$230
Boys Youth U13s – U17s	\$250	\$275
Girls Youth U10s – U18s	\$170	\$200

*Includes an AFL NAB Backpack

Early bird discount: For Boys (U9s – U17s) and Girls (U10s – U18s), register **before 15th January 2022** to secure the Early Bird rates. The discounted rate will automatically be applied at the checkout in PlayHQ.

Auskick Early Bird registration rates are available **until 28th February 2023** and will apply automatically at the checkout in PlayHQ.

Active Kids Vouchers worth \$100 can also be used towards the cost of registration fees – refer to information under the Registration Process.

Family Discounts

Siblings will automatically be given a 10% discount off registration fees when they register with Westbrook in PlayHQ. Note: the subsequent player registrations must be made by the same account holder.

Concessions

The Westbrook JAFL Committee may consider registration concession requests on a case-by-case basis. Please submit any request to the Westbrook Registrar at westbrookregistrar@gmail.com who will contact the executive team.

REGISTRATION PROCESS

All AFL community registrations are done online via the PlayHQ platform. We encourage players to register early to secure their spot.

Returning Players

Click on the relevant link below and register using the **same email address** you used to register in PlayHQ for the 2022 season.

Remember to use your **Active Kids Voucher** at checkout (see below for further information).

[Auskick and U8 Registration Link](#)

For Auskick U8s Semi-competitive registrations, please also email westbrookauskick@gmail.com with your interest to join this group.

[Westbrook U9 - U17 Boys and U10 - U18 Girls Registration Link](#)

Registering for the First Time in PlayHQ

If you are registering for the first time in PlayHQ and have played AFL previously, your profile and playing history will be brought across from SportsTG/Game Day to PlayHQ. To claim your existing profile, you must enter all four of the following details exactly as you used for the player in SportsTG:

- First name
- Last name
- Date of birth
- Gender

One of the following must also match exactly:

- Mobile
- Post code
- Past club

You will be prompted to claim an existing profile (record) before proceeding. A verification code will be sent to the main email address used for the player in the old SportsTG platform. You will be able to view part of this email address so you know which email account to check.

Transfers

Transfer of players between clubs **opens 1st February 2023**, so players transferring to Westbrook will not be able to complete their Westbrook registration until after that date. Please contact the Westbrook Registrar, **Sarah Aviani**, at westbrookregistrar@gmail.com or 0417 283 081 as soon as possible to inform us of your intention to transfer to the club.

Once the transfer window is open, transfers can easily be initiated in PlayHQ by the Westbrook Registrar (on your behalf), or parents can do this themselves by simply clicking on the Westbrook registration link. PlayHQ will automatically recognise that you are registering with a new club and will start the transfer. Transfers require the approval of the player's previous club and new club, as well as the association before the player can complete the registration with the new club. You will receive an email from PlayHQ informing you when the transfer has been completely approved and you can complete the registration with Westbrook.

Season Permits

A season permit allows a player to play for a club in a competition season over a date range without registering to that club. An example of when this may be used is when a junior-aged player wishes to play in the U19s competition for a senior club.

Players will need to register with Westbrook first and the permit will be arranged between the Registrars of the two clubs.

Active Kids Voucher

The NSW Government is helping kids get active with the Active Kids program. The Active Kids program provides two \$100 vouchers for parents, guardians and carers of school-enrolled children to use towards sport and active recreation costs each year.

Voucher 1 is valid January to December and Voucher 2 is valid July to December.

Westbrook Junior AFL Club is an approved Active Kids provider so a voucher may be used towards the cost of registration. Use the player's Active Kids Voucher at the time of registration as follows:

1. When you reach the checkout in PlayHQ, select the link "I HAVE A GOVERNMENT VOUCHER".
2. From the SELECT VOUCHER dropdown box, choose "ACTIVE KIDS NSW".
3. Enter your unique Active Kids NSW voucher code in the "ENTER VOUCHER CODE" text box.

For more information about the Active Kids Voucher, please refer to [Appendix 2: ACTIVE KIDS VOUCHER FAQs](#) in this document or visit the [Westbrook website - Active Kids Voucher](#) page.

You can apply for Active Kids Vouchers at the Service NSW website. For instructions, visit the [Service NSW Website - Active Kids Voucher](#) page.

Registration Help

A brief video of the PlayHQ registration process can be accessed [here](#).

If you encounter any difficulties claiming your profile in PlayHQ, contact the AFL Customer Service Team who is on hand to assist you with this process (open Monday-Friday, 9am-5pm). Their contact details are:

- Email: clubhelp@afl.com.au
- Phone: 1800 PLAY AFL (1800 7529 235)

Please note that the Westbrook Registrar cannot assist with claiming profiles in PlayHQ as it requires system access above club administrators.

Team Allocation (U9s-U18s)

Fundamentally, we encourage players to participate in their correct age group. However, we will consider exceptions for highly skilled players, family, team make-up, and friendship reasons. Please refer to the club's [Playing Up Policy](#) for more information

Generally, the player's age group is based on the age they are turning in any given year. For example, if the player is turning 11 in 2023 (1st Jan – 31st Dec), the lowest age group they can play is Under 11s.

In PlayHQ, enter the age group/team based on the following table or the requested age group (if playing up):

Birth Year	Age Group
2016 – 2018	Auskick
2015	Auskick U8s
2014	U9s
2013	U10s
2012	U11s
2011	U12s
2010	U13s
2009	U14s
2008	U15s
2007/2006	U17s

Parent Assistance

This field allows only one option to be selected. We are always keen to get families involved in whatever capacity so please email our Club Secretary at westbrookbulldogs@gmail.com with further interest.

- Coaching / Managing
- Administration
- Ground Management / Match Day Helpers
- First Aid
- Committee member
- Trade
- Sponsorship

Payment

PlayHQ requires full payment at the time of registration using Visa or Mastercard.

Managers

All Managers need to create a PlayHQ account which will enable them to set up team sheets and record scores. There is no registration cost.

In PlayHQ, select "Team Manager" when asked to choose your role. Remember to enter your [Working with Children Check](#) details in PlayHQ or [email them](#) to the club's Child Protection Officer **Ian Fraser** on redlinex@live.com.au.

Please ensure you have completed your registration by **15th March 2023**.

Coaches

You only need to create an account in PlayHQ if you wish to enter scores or team sheets. There is no registration cost.

If you choose to register in PlayHQ, select your role as 'Volunteer' or 'Manager' during the registration process. Please also enter your [Working with Children Check](#) details or [email them](#) to the club's Child Protection Officer **Ian Fraser** on redlinex@live.com.au.

All coaches are still required to complete their [Coach AFL](#) accreditation which will sync with PlayHQ.

Please ensure you have completed the following by **15th March 2023**:

1. Registration in PlayHQ (Optional)
2. [Coach AFL](#) accreditation
3. WWC Check details emailed to **Ian Fraser** at redlinex@live.com.au

COMMUNICATION

The club uses various methods to communicate with club members:

Club information	<ul style="list-style-type: none"> • Email (ensure you add westbrookbulldogs@gmail.com to your contacts) • Weekly newsletter (emailed during the playing season) • Team app (see instructions below) • Website www.westbrookafll.com.au • Facebook - Westbrook Bulldogs • Instagram - Westbrook AFL
Team information	<ul style="list-style-type: none"> • Email • What's App groups • Team app (see instructions below)

Team App

If you are new to the club, please ensure you connect to our Team app for up-to-date information and alerts for season 2023.

Follow these steps:

1. Download the Team App from the Apple or Google Play app store.
2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the app and search for "Westbrook Junior AFL"
4. Choose your applicable access group(s).
5. If you don't have a smartphone, go to westbrookjuniorafl.teamapp.com to sign up and view this App online.



UMPIRING

Be part of the Northwest Umpires group! If you are at least 13 years old, why not consider being an umpire? Weekly scheduling will allow you to play as well as being an umpire.

Earn between \$25-\$45 for Junior games and between \$30 -\$80 for Youth games. Boys and Girls welcome. Training is usually on Monday nights at a local ground for the region. For further queries or interest, please contact: nthwestumpires@gmail.com

UMPIRE AFL IN SYDNEY NEXT SEASON
Get some \$\$\$, get fit, have fun

- Earn between \$25 and \$190 per game
- Umpiring is flexible - we work around you
- Meet new mates whilst getting fit
- Entry points located all around Sydney
- It's a stack of fun

Email umpireinsydney@afl.com.au for more info!

CHILD PROTECTION

Westbrook JAFL Club takes its responsibility seriously when it comes to providing a safe environment for children and young people. The club is governed by the [Child Protection Policy](#) as set out by the Greater Sydney Junior AFL. The club obtains details of Working with Children Checks (WVC) for all parents or volunteers who work directly with children as part of their role in the club. This includes all Coaches and Assistant Coaches.

Visit the [Working with Children Check](#) page for the NSW Office of the Children's Guardian to apply for a WVC Check. WVC details can be recorded in PlayHQ at the time of registration.

For further information about child protection at Westbrook (including raising a complaint) or to provide the club with your WVC details, please contact our Child Protection Officer **Ian Fraser** on redlinex@live.com.au or 0422 352 605.

WESTBROOK CLUB CONTACTS

We look forward to seeing you in the 2023 season. If you have any questions, please feel free to contact one of our committee members.

Role	Name	Email	Phone
President	Mark Lean-Fore	president.westbrook@gmail.com markleanfore@hotmail.com	0411 181 798
Vice President	Tim Wolnizer	tim.wolnizer@gmail.com	0412 846 262
Football Operations Director	Daniel Benson	daniel.benson01@gmail.com	0400 451 487
Treasurer	Sam Dinsmore	shdinsmore@gmail.com	0411118039
Secretary	Phillip Murdoch	murdochx@bigpond.net.au	0416 069 973
Registrar	Sarah Aviani	westbrookregistrar@gmail.com	0417 283 081
Girls Coordinator	Daniel Benson	daniel.benson01@gmail.com	0400 451 487
Auskick Coordinator + Under 8s	Ruth Watson	westbrookauskick@gmail.com	0414 323 067
Statistics	Ian Smith	ian.smith@lincolnpartners.com.au	0416 151 835
Child Protection Officer	Ian Fraser	redlinex@live.com.au	0422 352 605
Marketing and Communications	Tim Wolnizer	tim.wolnizer@gmail.com	0412 846 262
Gear & Merchandise	TBC		

Appendix 1: CODE OF CONDUCT

The Westbrook J AFC's Code of Conduct outlines the high standards of behaviour expected by everyone involved in the game, both on and off the sporting field.

At the heart of the Code are the core values that go hand-in-hand with fair play; integrity, respect, responsibility, fairness and safety. The Code also sends a loud and clear message – that bad behaviour, violence, cheating and intimidation will not be tolerated.

Westbrook J AFC and all its club members, parents, visitors and officials agree to the rules, by-laws, and policies of the AFL and its bodies. Together, they help promote a positive culture within the club, built on strong values. Most importantly, they provide an environment where Junior football can be enjoyed by all.

General Principle

It's about kids first, with emphasis on development and participation over results. It is about kids' enjoyment and our focus must be about delivering this as our number one priority. By putting the kids first, long-term club growth and success will be enduring.

Behaviour Towards Umpires and Officials

- Umpires and other officials are a NO-GO zone! This applies to parents, spectators, players and coaches.
- Do not approach or talk to an umpire before, during or after matches.
- Do not publicly criticise or show disrespect towards umpires.
- Communicate any concerns about umpiring decisions privately to the Team Manager who will pass them on to the Ground Manager.
- Umpires and officials are a vital part of the AFL community and must be valued and respected at all times

Parents /Spectators

- Positive or constructive comments only
- No negative or abusive language
- Lead by example
- Be restrained; avoid the "Ugly Parent Syndrome"
- Focus on the child's efforts and self-esteem, rather than whether they win or lose
- Smoking or alcohol is not acceptable at junior sport fields
- Show appreciation towards volunteer coaches, officials and administrators
- Remember: kids play sport for their enjoyment, not yours

Coaches/Administration/Officials

- Play by the rules...and the spirit of the rules
- Ensure equal participation
- Maximise enjoyment
- Promote fair play
- Promote respect for opponents
- Condemn unsporting behaviour

Players

- Play by the rules
- Never argue with an official or umpire; if you disagree, discuss it privately with your coach

- Control your temper and no bad language
- Be a good sport – shake hands with opposition, don't be a bad loser.
- Treat all players fairly
- Cooperate willingly – get on with it
- Play for fun

Offending players displaying unsportsmanlike behaviour will be removed from playing field, and spectators will be asked to leave the ground.

Child Safe Environment

- Child safety and wellbeing is of paramount importance and Westbrook J AFC expects all Coaches, Managers and others in key roles to complete a Working with Children Check. This is one step that will help our club protect our children and values.

Smoke & Alcohol Free

- Westbrook J AFC acknowledge there are health risks associated with smoking and passive smoking and, along with alcohol, clearly has no place in a Junior sport environment.
- The NSW Smoke-Free Environment Act provides that smoking is prohibited in "an area set aside for or being used by spectators to watch an organised sporting event at a sports ground or other recreational area".
- The Westbrook J AFC ask that you respect the legislation and the health of our children and do not smoke or drink alcohol within the facilities or the fenced areas surrounding the grounds.
- This is applicable at training, match days and club events. This policy is applicable to all members and visitors of the club.

Electronic Communication & Incorrect use of Social Media

- There are standards expected in the use of electronic and social media. This includes emails, Facebook, Twitter, Instagram, Flickr and their many variants.
- Inappropriate use of electronic communication within the football environment includes, but is not limited to, making or posting inappropriate comments against players, clubs, club officials, match officials or leagues which is hurtful, discriminatory or offensive in nature.
- All members should be aware that the AFL Sydney Juniors treats such breaches as a very serious matter.

Discrimination

- Our club is for all members of the community and as such Westbrook J AFC will not tolerate discrimination or vilification of any kind.
- Discrimination is bound by relevant state Acts and the AFL policies and covers any instance where a person is treated less favourably, either directly or indirectly, on the basis of race, culture, religion, gender, education and any other attributes considered intolerant.

Complaints

- Westbrook J AFC is committed to our Code of Conduct. Any breach of our code will be acted upon per the AFL By-laws. A breach may be further referred if it impacts any other legislation.
- If any Club members or members of the community feel this code is being breached, they can forward their complaint to the Club President **Mark Lean-Fore** at president.westbrook@gmail.com or Secretary **Phil Murdoch** at

murdochx@bigpond.net.au for investigation by the Westbrook JAFC committee or a nominated sub-committee.

References

[AFL Code of Conduct](#)

[AFL Community Code of Conduct](#)

[AFL Sydney Juniors By-Laws & Policies](#)

Appendix 2: ACTIVE KIDS VOUCHER FAQs

How long are Active Kids Vouchers valid?

There are two Active Kids vouchers available for each calendar year. The first voucher is available from 1 January, and the second voucher is available from 1 July. Both vouchers expire on 31 December.

How do participants access the voucher?

A parent or guardian can apply online for each voucher at the Service NSW Website. For more information, visit the [Service NSW Website - Active Kids Voucher](#) page.

Once the required information is completed an alpha-numeric voucher code will be provided that can then be used during the PlayHQ registration process. Each voucher can only be redeemed for one sport per calendar year.

Does Westbrook need to verify a player's voucher?

No. Play HQ will automatically verify the voucher during the registration process. The participant voucher is NOT redeemable directly with the club and the participant will be unable to register using the voucher if the voucher has already been redeemed or is otherwise invalid.

How do I use an Active Kids Voucher when registering?

1. When you reach the checkout in PlayHQ, select the link "I HAVE A GOVERNMENT VOUCHER".
2. From the SELECT VOUCHER dropdown box, choose "ACTIVE KIDS NSW".
3. Enter your unique Active Kids NSW voucher code in the "ENTER VOUCHER CODE" text box.

What if I don't want to use my Active Kids Voucher code?

That's fine – just complete the registration and check out in PlayHQ without completing the government voucher section.

I have an unused 2022 Active Kids Voucher – can I use it towards my Westbrook 2023 registration fee?

Yes, if you register before 31st December 2022.

Can I register before 31st December 2022 with an Active Kids Voucher if I don't have any vouchers left from 2022?

No. Unfortunately if you have already used the player's two vouchers during 2022, you will have to wait until 1st January 2023 to apply for a 2023 voucher and then register in PlayHQ. You will still be able to claim an Early Bird Discount if you register with Westbrook before 15th January 2023. We ask that you email the Registrar at westbrookregistrar@gmail.com so we can make a note of the player's details and ensure they have a spot saved in the relevant team.

What if I change my mind about using my Active Kids Voucher?

Unfortunately once you have used the voucher during registration, you can not go back and reclaim it. If you choose to cancel your registration, you will be refunded the registration fee less the \$100 voucher.

What if I forget to apply my Active Kids Voucher?

You still have the option to redeem a voucher for other eligible sports and activities, particularly if they are in the summer season. If AFL is their only activity for the year, they might be able to use it towards early payment of the 2024 season's fees if paid before 31st December 2023.

Where can I find out more?

Visit the [Service NSW Website - Active Kids Voucher](#) page for further details.

Appendix 3: CLUB SONGS

Westbrook Junior AFL Club Team Song

(sung to the music of the Collingwood Magpies club song)

Good old Westbrook forever,
We know how to play the game.
Side by side we stick together,
To uphold the Bulldogs name.

Hear the barrackers a shouting,
As all barrackers should.
Oh, the premiership's a cakewalk
For the good old Westbrook.

Pennant Hills Westbrook Demons Team Song

(sung to the music of the Melbourne Demons club song)

It's a grand old flag
It's a high flying flag
It's the emblem for me and for you
It's the emblem of the team we love
The team of the red, white and blue

Ev'ry heart beats true
For the red, white and blue
And we sing this song to you
Should auld acquaintance be forgot
Keep your eye on the red, white and blue!

North West Lightning Team Song

(sung to the music of the Western Bulldogs club song)

Girls of Northwest
Yellow, Red and Blue
Hornsby, Penno, Westbrook
Lightning through and through

With a lightning flash, a lightning strike
We'll give our very best
You can't beat the girls from the lightning team
The mighty girls of Northwest

Appendix 4: HOW TO CREATE A MILESTONE BANNER

Milestone banners are a fantastic way to celebrate the achievement of players reaching their milestone games (50, 100 or 150 games). This provides an exciting and memorable moment for both your child and their whole team, and often motivates the team to victory!

Banners come in various shapes and sizes; please see below for some previous Westbrook milestone banner inspiration. If you would like to make a banner, we have included some instructions - it is easier than you think! Your Team Manager will notify you when your child's milestone games are approaching.



What You Will Need

- 1 x packet royal blue crepe paper
- 1 x packet white crepe paper
- 1 x packet red crepe paper
- White letters (printed on a computer)
- Scissors
- Clear tape and/or Adhesive Spray Glue
- 2 x 2m length poles (5mm thick)
- A helper!

Wording

On a computer, use a font such as Impact to create your message, allowing one letter per standard A4 page. Please note: if adding letters to the white crepe paper background you may wish to print in a different colour. Club logos can also be printed and applied to the Banner. Please scroll to the end of this document for logos that can be used.

Method

- Roll each packet of crepe paper out to a length of 2 metres
- Lay crepe paper lengths side by side, overlapping slightly
- Use 3 whole lengths of crepe paper, as below, to make a background for your message.
- Run tape down each side of the banner to keep all lengths together
- Run tape across each seam where crepe paper overlaps. Use 20 cm sections of tape rather than a continuous length of tape so that players can break through it easily.
- Carefully turn over and repeat process
- Turn both short ends in 10 centimetres and tape down exposed edge to create pockets for poles.

- Tape across entire length of top long edge to seal pockets for poles and provide strength.
- Place your letters on the banner and space as you like
- Tape or use spray adhesive to secure each letter in place

Your finished banner may look something like this:



You will also be provided with a Milestone Game Patch that can be sewn to the child's football shorts. This is another way that we commemorate these special moments at Westbrook. See the photo below which shows correct placement of the patch.



Club Logos



Pennant Hills Westbrook Demons logo coming soon.