



**ROUND 11**  
**Sunday 26 June 2022**



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## Round 12 – 17 July 2022 (no games in school holidays)

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No games during school holidays.

Round 12 – Sunday 17 July 2022

### Club sponsor – [Alan Oxford Plumbing](#)

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Alan Oxford is a licensed plumber and has worked in the local Hills District area for the past 20 years. With extensive experience in commercial plumbing, industrial and home maintenance, Alan will give you peace of mind, ensuring that your every need, no matter how big or small, is satisfied.

### Club sponsor – [Georges Fine Meats](#)

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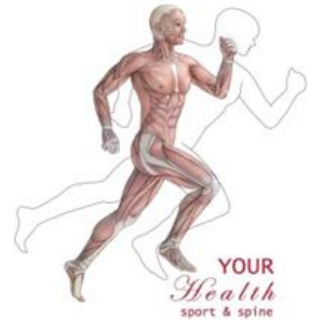
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# MATCH REPORTS

## ROUND 11 | Sunday 26 June 2022

### Westbrook u9 Blue vs Lane Cove Cats – Blackman Park

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### Westbrook u10 vs North Ryde – ELS Hall Oval

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A warm winter day greeted the pups as they arrived at North Ryde for their match this week for the last match before the school holidays. Unfortunately, there was no umpire greeting the boys for start of the match, so it was up to Coach Jarrod to grab hold of the whistle and embrace the pea!

Generally, the match was reasonably flowing and open with the weather and an Astro-turf oval making for perfect playing conditions. Both sides kicked strongly, and on the artificial surface the ball tended to run on more than on turf which led to plenty of fast movement across the ground.

The quality of the kicking also led to a lot of marking with Max, Billy, David, Thomas, Evan, Andrew, Will and Jake amongst those to take a grab. This ability to control the ball also meant we were treated to some nice chains of movement down the ground. It has been an area of focus at training most weeks, and is starting to translate to a marked improvement in ball movement on game day.

Westbrook had the better of the field position for the first half quarters of the game. Some very efficient play in the forward part of the ground saw the boys create a number of scoring opportunities with a total of 10 scoring shots in the half. In quarter one it was Archie, Carter, Hudson and Billy doing the damage, while in the second it was Andrew, Evan, James and Max. A number of these shots on goal were from set shots, underlining the benefit of the improving marking that was on display. Quarter three and field position was slightly more even, despite this the boys were still able to create a number of chances to score.

The final quarter had the ball spend a little more time in the defensive zone than it had up until this point of the game. The back four of Andrew, Jake, Max and Will were resolute in defence and were able to minimise the damage to only two behinds with some desperate spoils, big clearing kicks, good marking and commitment at the contest. All in all, it was a very good follow up to a strong effort the week prior.

**Goals:** Andrew (3), Archie (1), Evan (1), Thomas (1), Billy (1)

**Report by:** Jason Welch, Team Manager.

### Westbrook u11 (4.5-29) vs Blagowlah Suns (1.2-8) – Balgowlah Oval

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Today saw the dogs to a larger full pitch in the sunny suburb of Balgowlah. The Blue Dogs fielded a team of 16 with 4 boys being out due to illness and one on holiday. The Suns matched the Dogs with the maximum 15 on the field and it allowed for an open running game of football.

The first quarter saw a very even contest right across the park and hence no goals were kicked by either team. The second quarter saw something very similar with the Suns kicking one goal to edge in front by the break. The third quarter saw the Dogs superior fitness, skill and desire start to turn the tide and they managed to go into the third quarter break up on goals. In the last quarter the dominance was really apparent and the Dogs kicked on to win by three goals.

This week saw the team given one simple overall goal namely sticking tackles and not letting the player go. We were delighted with the response and when not in possession the bulldogs were very effective at either shutting the play down or

being more aggressive and taking the ball. We also set up a new coaching structure to give the kids clarity at each quarter in playing groups and we certainly saw some improvement in specialist positions and overall play.

This week was really pleasing as some of our newer and less experienced players really started to show their potential. Ethan, Flynn, Christian and Jay were strong contributors all game. We are starting to see the emergence of football maturity and the boys learning their roles on the field but we still have some great opportunities to improve with the run to the finals!!

**Goals:** Rohan S, Sam and Jack

**Best on Ground:** Ethan, Flynn and Christian

**Finger Bun Award:** Ethan

**Report By:** Manager Matt

## Westbrook u12-2 (10.13-73) vs Manly Bombers (3.3-21) – Frank Grey Oval

Our Round 11 match saw us fronting up for an away game against the Manly Bombers and whilst we were victorious in our earlier encounter, we could not just expect that this result would be repeated with Manly fighting to keep their finals hopes alive.

Before the start of the game, as a team we spoke about three main themes that we needed to execute:

1. Our forte has always been to be strong in the contest and get first hands on the ball when in dispute, a trait we aim to bring to all 4 quarters of every game
2. Each player to be accountable for their direct opponent when they had the ball
3. Ensure we keep our forward line open so our forwards have room to move in

Over the last few weeks, constant improvement in our ball movement and teamwork has been evident, and in the first quarter the team again took this to another level. Our ball movement was fantastic, linking up with handballs out of the packs and kicking to players who were making good position. In addition to this, I was thrilled to see the physicality we brought to the game in contesting for the ball when in dispute or tackling the opposition. Through this, we were able to open up a three goal to one lead at quarter-time with majors to Samuel, Marcus and Ryan.

Our dominance of possession and play being in our half continued for the remainder of the game, and I would also like to commend the players on the fact that, as the game got a bit rough in the second half, our focus on solely attacking the ball and being hard but fair in the contest was maintained. Additionally, as the game stretched out of Manly's reach, our overall effort and commitment remained as high as it was at the beginning of the game. In the end we ran out comfortable winners by 52 points.

It was great to see that, for the second week in a row we were able to post a big total whilst maintaining our defensive game that stifled the opposition's ability to score. To date our defensive structure has been our strength, but now we are showing that, when in possession of the ball, we can be just as effective on the offense. This should give us a great deal of confidence going into the later part of the season.

Overall, it was a great game by the Westbrook U12 Div. 2 team, and whilst maintaining our position in the top four with still some areas for development, we are right where we need to be at this stage of the season.

¼ by ¼: Q1 1.0 v 3.0, Q2 0.0 v 3.6, Q3 2.2 v 3.2, Q4 0.1 v 1.5, FINAL 10.13-73 v 3.3-21.

**Goals:** Tom Cooper 2, Samuel Lean-Fore 2, Ryan Dinsmore 2, Charlie Andrews, Mitch Gryst, Marcus Jayashekar, Leonard Watson

**Best:** Cory Mardling, Ryan Dinsmore, Darcy Gason, Samuel Lean-Fore, Charlie Andrews, Leonard Watson, Marcus Jayashekar

**Report by:** Peter Gason (coach)

## Westbrook u12-3 (3.0-18) vs Hornsby/Berowa (10.18-78) – Rofe Park

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## Westbrook u13-2 (60) vs Glebe - Forfeit

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## Westbrook u14 (6.7-43) vs Moore Park (7.4-46)

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After a brilliant win last week against the second top team, we came up against Moore Park who haven't lost a game this season and when we last played them beat us by more than 10 goals. Going into the game though the boys had belief and in another great team first display we managed to go down by just 3 points, having led for large parts of the game.

Up-front, a huge thanks you to the 13s that played up for us today. Their contribution against a very strong 14s opposition was amazing. Max and Jake never took a step back and fitted seamlessly into the team, across the back line and wing. We also had Felix from the 13s play with us, and it was great to have him back in the team after having played up with us until last year. His marking and disposal efficiency coming out of the half back line was so great to watch.

The first quarter saw the boys implementing the contest work we have been practising at training all year. The ability to move the ball quickly from congestion becomes far easier when we talk at the contest, trust our teammates and don't overcommit players to the ball. Unfortunately, early on we weren't getting the return with the ball rebounding from the forward line too easily, but as the quarter went on our forwards became more accountable and we went into the break ahead.

We continued to work hard in the second and it was great to see Hudson, who is always courageous, implementing training drills on the park, by turning his body into the ground ball and coming away safely going up against one of the biggest bodies on the field. He was also showing how damaging around goals he can be with some brilliant finishing in front of goal.

Moore Park kept coming and by the end of the third they were just ahead on the scoreboard. Our gameplay didn't falter but their work rate was simply better, getting numbers to the contest, and using double give handballs to catch our backs off guard. Pleasingly we are starting to see strong chains of controlled possession, kicking at 45s to hit targets and gain territory before going inside the forward 50.

At three quarter time the boys were challenged to step-in and finish the game strong and they responded in spades. They never gave up, be it Nicho continuing to hit the ball at speed and rebound from the backline, Isaak continuing to run and constantly chase and pressure the opposition, Ryan working tirelessly from contest to contest or Henry finding space to create that linking run in the middle. We were in it right until the dying second of the game and almost stole a win at the death but it wasn't to be.

Special mention also to Liam and Ryley this week. Liam is playing really smart football. His decision making with ball in hand is first rate. Ryley, only a few games in, has been such an asset. We were lacking his ability to bash and crash in packs and his ruck work is getting better every week.

To have more scoring shots and to go so close to beating a very good opposition was a massive credit to all the boys today. If we keep executing what we train on the park, we will be in with a real chance of playing more than one final this year. Enjoy two weeks off and we look forward to the video review and pizza night!

**Goals:** Hudson (5), Noah (1)

**Best:** Noah, Ryan, Henry, Isaak, Luke, Nicho

**Report by:** Sam Dinsmore (Coach)

## Westbrook / Hornsby u15-2 - Bye

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## Westbrook / Hornsby u17-1 (8.5-53) vs Mosman/Willoughby (2.7-19)

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Congratulations to Cam Este on celebrating their 50<sup>th</sup> Club game for the Westbrook/Hornsby Dog Eagles,

The Juggernaut keeps on rolling, fuelled by Peace, love and Mung beans, mixed in with positivity, grit and a lot of skill, who knows where this team can go.

What is known that on their day the boys can beat anyone. Much like Manly at the beginning of the season, Mosman Willoughby have gone unscathed by their encounters with The puppy poodles over the past 5 years, but shaking off the poodle label, the now BIG DOGS of the comp came out with confidence and a pep in their step.

With last minute pull outs, the magnets were pushed and a winning combination was chosen.

All four quarters would have been a bragging right to hold, but with a lack lustre first 5 minutes in the last, the Swans were able to get home in the last by a solitary point, this was nowhere near enough to make up for the 3 dominated quarters prior, the Dogs had lock jaw around the throat of the flailing signets, with a goal lead at the first, it was extended by 4 at the major and in the third another 5 point to give too much of a buffer and the boys relaxed. The positive from this negative is that we have further improvement on the 34 point win.

KV made us look silly earlier in the year, so lets get that one back next game.

WELL DONE BOISE

¼ by ¼: 3.1 - 2.1    4.1 - 0.1    1.1 - 0.2    0.2 - 0.3

**Goals:** McNeil (3), NUC (1), BUC (1), Squid(1) Squid (1)

**Best:** There was no a passenger, Happy with Lucas's 3 though

**Report by:** Jeff (coach)



## North West Lighting YG u10 vs Willoughby / Mosman/Lane Cove – Rofe Park

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## North West Lightning YG12 Red (1.0-6) vs Manly Bombers (9.12-66) – Ern Holmes Oval

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The division leading Manly Bombers travelled to Pennant Hills to take on the NWL YG12 Red Squad. Manly came ready to play and took an early advantage on the scoreboard. The Lightning were game for a contest, but the ball skills and all the bounces went the way of the Bombers in the first half.

Standout efforts on the defensive side were turned in by Arlia, Abbie and Sarah who was named player of the match. Strong midfield and ruck work was turned in by Agnes (captain for the day), Kate and Shiori. Alyssa also showed consistent effort around the ball.

Coach Eamonn refocused the team at half time and the resilient Lightning answered the call! The tough Lightning kept the rampaging Bombers off the scoreboard for third quarter. Meanwhile, the Lightning got on the board via Angela's first goal- congrats Ange- while being assisted by Luella, Grace and Ava. The strong effort continued in the fourth quarter- Holly was strong in the back line.

While the Lightning were beaten soundly on the scoreboard, the score doesn't do the effort and resiliency shown by the team justice. Manly, who is clearly one of the top two sides in the competition, had to work hard all day. The team has showed great improvement through the first 11 rounds. The coaches, managers and families are all proud of the effort and hard work- the players should be too. There is still lots of room for improvement, but the bolts are up to the task. We will come back after the school holiday break ready for the last 5 games. The Lightning, as we have all come to expect, will finish strong!

**Final:** Lightning 1.0.6 v Suns 9.12.66

**Goals:** Angela Rickerby

**Report by** Brian Hurd

## North West Lighting YG U12 Blue (1.1-7) vs Forest Lions (10.7-67) – Lionel Watts Oval

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Fair to say that it's never much fun writing the match report after a game that maybe you'd rather not think about too much. File away Round 11 versus Forest Lions as one in that category.

Hats off to the Lions. They were a strong team. The home ground advantage gave the vibe of just one more thing they had on their side. They made the most of the warm conditions to show us some strong, disciplined footy.





That's not to take anything away from our Blues – there were some standout efforts. Among them: Savannah's running game and confidence with the ball led to great results - including a very well appreciated goal. Brownney's determined defence; Olivia's speed and poise digging us out of a few dicey situations (including one spectacular mark right in front of the Lions' goal); Evie's altitude in the ruck and Lyla's power in shaking off the Lions tentative tackles.



The team were keeping in mind Coach Daniel's Round 11 mantra: "Together". But it had the feel of one of those days when if things could go wrong, they would. A few of our Bolts will be a little worse for wear on the Monday, beyond just the bumps and scrapes of an at-times physical encounter.

The coming school holiday break will be a good opportunity to think about what worked, what didn't, and how the team can use the experience to build their confidence for when they meet a determined opponent again. And, just quietly, we might ask next time if the Frenchs Forest Mr Whippy van can switch its loudspeakers to silent mode - at least until the final siren sounds.

Q1: NWL 0.0 v Lions 1.1 (7)  
Q2: NWL 1.0(6) v Lions 2.3 (15)  
Q3: NWL 1.1(7) v Lions 4.3 (27)  
Q4: NWL 1.1(7) v Lions 10.7 (67)

**Goals:** Savannah (1)

**Report by:** Shane McLeod



## North West Lightning YG14 (0.0-0) vs Willoughby/Mosman (8.11-59) – Ern Holmes Oval

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## North West Lightning YG16-3 (10.4-64) vs Glebe Greyhounds (4.1-25) – Ern Holmes Oval

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Round 11 saw the Lightning host the top of the table Glebe Greyhounds at Ern Holmes Oval in what was marketed as the marquee match up. A win could see the Lightning go top of the table before the mid season break.

### Quarter 1

Glebe were short players so after a pre game huddle with the girls, they decided sharing was the best for both teams. The siren sounded and the match was underway with the Lightning instantly under pressure from the league leaders. An early goal to Glebe shook the Lightning who quickly responded but could only manage a behind as Ari narrowly missed. The pressure didn't let up and the Lightning looked off their game as Glebe kicked two more quick counter attack goals. Down by 17 points, it looked set to be a long, tough game.

### Quarter 2

A change of formation at the break and the girls didn't look dejected by the 3-goal difference. They broke from the huddle and the fighting, never give up attitude of the Lightning saw a very different quarter. Ari created some extra belief as she ran down and earned a free after a great tackle. TC used the momentum to kick a behind. The pressure was back and the Lightning weren't letting go.

Erin tried to soccer a goal from range but was denied by a great spoil on the line. Halle popped up though and kicked hers and the teams first. They only trailed by 10 points now. Tough, contested footy in the midfield kept the ball going forward. Erin kicked a long low pass to Ari who took a great mark, lined up and kicked her first. Rylea was ever active in the ruck and kicked a lovely pass to Halle who turned and kicked another. The Lightning took the lead and weren't done yet, Caitlin worked hard and after a free, kicked a goal from a tight angle. The speed of the comeback was outstanding and the Lightning would amazingly lead by 8 points going into the main break.

### Quarter 3

The game still hung in the balance; the Lightning led but were always mindful of conceding those early goals. They would need to keep fighting. Glebe came out determined and grabbed an early goal to tighten up the scoreboard. A scrambled ball saw a little soccer from Halle slowly trickle over the line for her third. That was enough to fire up Ari who was on fire again in front of goal. Picking up the ball, fending off tacklers, Ari kicked another, then a behind before a pass from Halle gave Ari her third for the game. 21 points was the lead at the 3rd break.

### Quarter 4

The Lightning girls continued to play tough, free flowing and fast footy that thrilled the spectators and players alike. Ari owned the full forward position with help from Zoe C who always ready to lend a pass or shepherd. Ari kicked 2 more goals to finish her second game in a row with a haul of 5. Tremendous effort. Ayana ran across the face of goal to retrieve the ball, turned and kicked a perfect pass back into a dangerous position. Ari then selflessly put on a great shepherd so Bec could kick a goal. A stunning comeback from 17 points down to win by 39 had the girls bouncing in circles as they sang the team song. The best rendition of the season, possibly sweetened with the knowledge they'd taken top spot on the ladder. Once again, thank you to all those amazing girls who donned the opposition colours. So proud of you all!

Go Lightning ⚡⚡

**Goals :** Ari (5), Halle (3), Caitlin (1), Bec (1)

**Report by:** Jared Quick

## North West Lightning YG16-1 (4.11-35) vs Willoughby/Mosman (6.15-51) – Middle Head Oval

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## North West Lightning YG18 (8.4-52) vs Penrith Giants (5.4-34) – Ern Holmes Oval

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With the blue sky and a gentle breeze the girls were ready for the challenge. We were so excited as we had a number of the U16s ready to play for us which would mean that we would have a bench of at least 3 for the first time this season. However, Penrith only ended up having 13 players so we couldn't use all the U16s.

The first quarter started well with our mid field pushing the ball into our forwards where Annabelle created an opportunity and snapped a goal that Tom Papley would have been proud of. We went on to kick another 2 goals with some grit and determination from our forwards. Penrith then came back with some serious pressure on our backs that tried hard but couldn't stop them from kicking 2 goals.

The 2nd quarter started a little slower than the first but the intensity from both teams was great as the ball was going back and forth with our backs doing a fantastic job to hold them out except for 2 behinds. With a lot of pressure, we came away from this quarter with a goal from Nikki and a behind. The girls were starting to see what it is like to be a head on the score board and how pressure can play a part in a game.

The 3rd quarter again was tight with both teams kicking 2 goals each and some of our forwards having a chance to kick more goals, but the stern defence of the Penrith team stopped those chances.





The 4th quarter was all to play for with the scores only being 39 to 28 so anything could happen. We were able to put more pressure on as we utilised our bench. There were a number of great passages of play which allowed us kicking another 2 goals and 1 behind to Penrith's single goal.

Some of the key takeaway's from this game would be we didn't bomb it to the packs and really started to look at leading and delivery the ball to where they wanted them to be. Contesting the ball is something that we are working on and we can see the benefits of the hard work at training. Add that to the great marks that were taken it was a great team effort and something to be very proud of.



All the backs played a pivotal role to minimise the scoring from Penrith and when we delivered the ball into our forwards which you could see the hunger to get the ball out and do something with it and this shows in the goal scores below.

Thanks to Hayley, Sienna and Nikki who not only stepped up for us but they also put their hands up to play 1 quarter each for the other team. Simply AMAZING.

Great job by all!!

**¼ by ¼:** Q1 3.1 v 2.2, Q2 1.1 v 0.3, Q3 2.1 v 2.0, Q4 2.1 v 1.0, FINAL 8.4-52 v 5.4-34.

**Goals:** Annabelle (1), Chole (2), Bronte (1), Kirrily (1), Nikki (1), Aliyah (1) and Maya (1)

**Report by:** Perry Waldron – Coach



WESTBROOK CLUB SONG

*Good old Westbrook forever,  
We know how to play the game.  
Side by side we stick together,  
To uphold the Bulldogs name.  
Hear the barrackers a shouting,  
As all barrackers should.  
Oh, the premiership's a cakewalk  
For the good old Westbrook.*

NORTH WEST LIGHTNING CLUB SONG

*Girls of Northwest  
Yellow, Red and Blue  
Hornsby, Penno, Westbrook  
Lightning through and through  
With a lightning flash, a lightning strike  
We'll give our very best  
You can't beat the girls from the lightning team  
The mighty girls of Northwest*