



ROUND 9

Sunday 5 June 2022



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Presidents Report

The conclusion of Round 9 sees us all get a week’s pause for the Queens Birthday Long-Weekend.

After the disrupted start to weeks 1 &2 we’ve had a much better run of games since although some draw inequality has meant a few byes for different teams. In the last week, there has been further changes to U12s (div 2&3), U17s, both these divisions have had team movements, but byes have now been removed from both competitions.

Regarding re-divisionalisation and tables, we have shared some notes from the AFL on how this is viewed and how it effects tables below

Competition tables after round 9

U11s	1st of 8 teams	YG12 Blue	3rd of 9 teams
U12-2s	6th of 8 teams	YG12 Red	4th of 9 teams
U12-3s	9th of 9 teams	YG14s	8th of 8 teams
U13s	4th of 10 teams	YG16-1s	4th of 8 teams
U14s	5th of 6 teams	YG16s	3rd of 7 teams
U15s	3rd of 7 teams	YG18s	5th of 11 teams
U17s	5th of 8 teams		

*** For teams that have been re-divisionalised,

By Law 6.10 (A) states:

“In the event of any team(s) being moved/removed from the competition, the following procedure will take effect to allow the competition to proceed:

- (i) Teams moving up a division will have results deleted and will commence the new division with a point ratio, match ratio and for/against ratio of zero.
- (ii) Teams moving down a division will have results deleted and will commence the new division with a points ratio, match ratio and for/against ratio of zero.”

*** By Law 15.3 (A) states:

“Unless otherwise specified by the league, in home and away round Matches:

- i. Match ratio will be used as the method of determining ladder position
- ii. Match ratio is determined by dividing the number of wins by the number of matches played”

Code of Conduct – A couple of key reminders

Part A – Players & Officials

- 7. Never argue with or dispute a decision of an Official or Umpire, and if you disagree with a decision you must deal with it in accordance with the AFL NSW/ACT Rules or *Laws of Australian Football*
- 10. Control your emotions, and not engage in verbal abuse of or swearing at or in the vicinity of others, sledging Players and/or Coaches or behaviour that deliberately distracts or provokes an opponent
- 11. Never engage in any type of violence either on or off the field

Part B – Parents and Supporters

- 4. Lead by example and foster respect for Umpires, opponents, Coaches, administrators, Officials, and other spectators
- 5. Recognize that everybody makes mistakes including players, coaches, and umpires - never ridicule a mistake or loss
- 11. Control your emotions and never engage in physical and/or verbal intimidation or verbal abuse, including sledging and abusive language, toward players, umpires, officials, or other spectators

Upcoming

Round 10 & 12 – team photos, managers will advise teams of photo dates and times
Fund raising for Fight MND

Enjoy the long weekend and a deserved break

Sydney Swans Player visits

Next Tuesday we are welcoming a couple of Swans players to the Kennel. Between 530pm and 7pm a couple of players will be in attendance and available for photos, signatures and possibly even a kick around. Given not all clubs are able to host visits, its likely we may see players from other clubs attend as well.

Team Photo Agenda

- Team Photo – a digital version will be provided by the club and in the yearbook
- Silly team photo + Individual shot, fridge magnets* only will be available to purchase on the day, preference is cash transactions.

*the magnets are a great memento, a point of difference at Westbrook and remain front and centre for many a year on fridges of family and friends.

ROUND 10, 19th of June

Team	Photo time	Game time
U/8 Blue	7.45am	8.30am
U/10	8.00am	9.00am
U/11	8.40am	9.40am
U12/1	10.00am	11.00am
YG14	12.10pm	1.10pm
U15	12.40pm	1.40pm
U17	2.00pm	3.00pm

ROUND 12, 17th of July

Team	Photo time	Game time
U/9	7.45am	8.30am
U/8 Red	8.00am	9.00am
U/8 White	8.15am	9.00am
U12/3	8.40am	9.40am
U13	10.00am	11.00am
U14	11.20am	12.20pm



Photo Day for
WESTBROOK BULLDOGS
 19 June and 17 July
NORTHWEST LIGHTNING
 22 June Evening



Be ready for your team photo that you receive as a digital copy as well as printed in the year book. Available for purchase on the day will be **photo magnets!**

<p>\$15</p> <p>Postcard size magnet of your fun team shot</p>	<p>\$25</p> <p>Fun team shot plus 2 individual shots</p>
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Cash preferred but card payment available via the canteen. Check with your manager for your photo time.

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Milestone games

Over the past couple of rounds, we have celebrated some wonderful player game milestones

100 Games – Zac Irwin, Hugh Lucas & Eamon Macauley

50 Games – Chase James & Hayden Tennant



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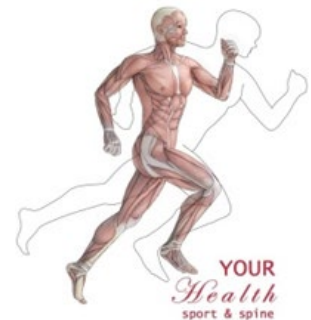
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MATCH REPORTS

ROUND 9 | Sunday 5 June 2022

U8 Westbrook Blue vs Westbrook White - Greenway Park

The sun was shining at Greenway park and the U8 Blue girls had found a new mascot. With the stuffed bulldog in hand excitement was high across the ground and ready to get going.

Fast Eddie Cooper joined the Blues and was strong in the middle and hard at the ball all day, kicking 2 goals for the team. With Georgia G and AJ in the middle, their speed and grit was great to watch. AJ & Georgia G were strong in the ruck, swiftly getting the ball out of the centre and down to the forward line.

Georgia B was dangerous up forward kicking at least 6 goals for the day. Priscilla was strong on the ground, intercepting the ball from the whites and handballing it out to her teammates. Charlotte was strong up forward kicking several goals and was also quick to the ball.

Jazz was fierce in the backline, smothering a kick from the whites and turning it over and then when up forward, managed to boot several goals also. Sienna was committed at all times and had several possessions throughout the match. Piper was dazzling across the ground, strong in the backline and enjoying her time in the centre.



Everyone was so proud of the way you all played on Sunday, Blues. It was a fantastic effort. Keep up the amazing work and have FUN !!

by Rachel Reid – COACH

Westbrook u8 Reds vs Pennant Hills – Ern Holmes

The U8 Reds had another fast and flowing match, this time up against Pennant Hills.

Our Reds were sizzling out of the blocks - we had less players on the field but it didn't feel like it. Ed and Brody broke through the packs, which unleashed Ethan and Jed to hit the scoreboard.

But in the second term the Demons turned the tables on us and stole the lead! The cold wind was against us, and it was difficult to adjust on our passing.

After the main break, Ed was enormous in the backline, stopping the Demons' momentum. And Ethan and Jed formed a dangerous combination through the corridor.

Up forward EJ and Brody were having a party of their own, finding time and space to bag a few goals each. Both had their best quarter of the season.

Brody was spinning out of trouble and dishing out some beautiful handballs. Cruz was amongst the action, applying pressure and inserting some clever ruckwork. Mark outmarked an opponent twice his height and also scored a goal.

It was a super effort by all the team, and in the end quite a close contest. Looking forward to having Oliver and Flynn fit and firing after the long weekend.

Report by - Steve Toohey



Westbrook u9 Blue vs Penno – Ern Holmes

Westbrook u10 vs Lane Cove Hawkins – Blackman Oval

With a few players unavailable this week, the match against Lane Cove this week was a challenging one for our young pups.

Both teams seemed intent on moving the ball mainly by foot, so in contrast to most games this year, this was a more free flowing match, with the ball moving regularly from end to end. This also led to a higher than usual number of marking opportunities, with Evan, James and Jake all taking some nice grabs.

After a few weeks of starting to develop their handball chains this week we were not quite as fluent. Whether it was the week off from training, the balance of the side being impacted with players missing, the pressure from the opposition or something else altogether, the boys weren't as efficient with the ball. Maybe there will be some extra drills at training this week!

On the defensive side of the game the pups still played very well. The tackling pressure was solid, and a willingness to get into the contest was also evident. Examples of this included Carter effecting a brave smother in the last quarter, while Archie, David and Will all made some strong tackles.

With 3 games cancelled, 6 already played, and 6 remaining we are effectively at the halfway point of the season. Reflecting on the team's journey thus far the individual and collective improvement has been noticeable. No doubt with the enthusiasm the collective team has we will see even more positive development over the rest of the year.

Goals: Freddie, Evan

Report by: Jason Welch, Team Manager.

Westbrook u11 (9.8.62) vs Hornsby (4.7.31) – Rofe Park

This week saw the trip out to a cool and overcast Rofe Park against Hornsby Berowra. The Blue Dogs fielded a team of 13 with 8 boys being out due to various other commitments and illness. This time of year is certainly seeing a lot of flus and colds taking a toll on many boys. The Hornsby team in the same position had to borrow several players from the previous U9 game to make numbers.

The first quarter saw the blue dogs kicking towards the clubhouse and against the prevailing breeze. Both teams kicked goals in the first quarter but despite the breeze the blue dogs managed to squeeze 3 between the big posts and take a 2 goal lead into quarter time. When the team turned in the second half for the downwind leg they put 3 more goals on the board versus none in return. Thereby taking a commanding lead into halftime. Given the very heavy going and the very slippery red leather Sherrin it was a very even quarter. Turning back into the wind saw the blue dogs held goal less in the third quarter with the Hornsby team picking up their effort and kicking two further goals.. The final quarter saw the dogs put 3 more goals versus 1 in the bank for a solid victory.

Effectively the whole game was pretty scrappy from the dogs and attention will be put back on our preparation and readiness for the hard ball from the opening whistle. Looking at the game holistically, even though it was a solid win, there are many areas to work on which is exciting as we keep improving. Specifically our work out of the stoppage needs a lot of work with regard to movement, anticipation and communication. Once we get clear of the contest then our kicking effectiveness is the next area to look at as often we are guilty of just kicking the sherrin forward aimlessly even when we have time to look up. Lastly our effort and desire to secure the ball on the ground in the contest needs improvement.

Goals: Andre, Jack 3, Sam 5

Best on Ground: Sam, Jack and Andre

Finger Bun Award: Sam

Report By: Manager Matt

Westbrook u12-2 (1.2-8) vs Pittwater Tigers (8.7-55) – Narrabeen Reserve

Westbrook u12-3 (1.5-11) vs Penno (7.7-49) – Ern Holmes Oval

Westbrook u13-2 (7.3-45) vs Penshurst Panthers (4.1-25) – Olds Park

This week we celebrated another player milestone for the club. Hayden playing his 50th game. The little goal sneak who constantly puts himself in dangerous positions. Fan favourite of the team! Congratulations on your achievement Hayden!!

This week we travel to Hurstville with 2 players down who have been performing well all year. The group will have to stand up and perform against what we knew from the last time we played was going to be physical.

We started slow against a strong breeze allowing them to dictate terms be first to the ball, they were more physical and we allowed them to score 3 goals, Dilshaan kicking his first to keep us in touch. Penshurst would take a 2 goal lead into quarter time.

The mix we started with wasn't working so we needed run and to get our hands on the ball in the center. Mids lead by Chase, Callum, Alex and Gabe gave us first use and we were able to start building momentum. We would make the most of the breeze with goals to Kael, Kristian and a cracking 5 bounce goal breaking out of the centre from Callum was a highlight for the quarter. They would also score a goal and would take a 1-point lead into the half. Great effort to get ourselves back in the game.



Premiership quarter we found our groove. Against the breeze we were able to continually get the ball going forward and our structure was spot on. Not allowing Penshurst any time in their forward area. The back lead by Jake, James, Alex and Chase who had moved back were stoic in their constant fight to keep their man from getting clean use of the ball. With this endeavor the backs were able to keep Penshurst scoreless! With another goal, from Dilshaan, his second for the day and one to Caleb we would take a 2 goal break going into the final quarter with the breeze!

As the entire team had done all day we would continually stand up, when it was their turn to go, despite continual attempts by Penshurst to cause harm to our players! We would gel together and play hard. Our fitness and hard running at the end of the game was what again got us over the line. Harrison, Aiden and Jake were standouts leaving their man, taking the game on and winning important contests to contribute to a hard fought win.

Max took a goal late in the quarter to seal the deal. 20 point winners! Keeping them scoreless for the second half. Well done boys!!

Best- Jake, Callum, James, Harrison, Aiden, Chase, Gabe, Isaac.

Goals- 2 Dilshaan, 1 Kristian, 1 Kael, 1 Callum, 1 Caleb, 1 Max.

Jake- Brilliant! Ability to read the ball, take risks to leave your man and attack the ball and run with it, ability to beat your man 1 on one was a game highlight and your best game of the year.

James- Asked to play on one of their influential players. Done a fantastic job of shutting him down matching intensity and then having the ability to not only beat him in the contest but to run off him giving us important breaks through the centre, was great to watch.

Aiden/ Harrison- constant hard running and hard contest at the ball especially towards the end were able to win important contests against multiple players to again contribute. Aiden in the last had a one on 4 in their forward pocket where he ran hard at the ball, gained possession, burst through 2 attempting to tackle, burnt off 2 others, got a hand ball to one of our players who ran the ball out of their attacking zone. Amazing! Keep up the huge work loads you both give the team every week!

Isaac- was also give a roll in the backs and absolutely delivered. Fantastic competing in the air, bring the ball to ground then find a player to distribute to whilst putting on a block, setting the running play free! Core focus of this team looking after your mate. Great work Isaac!

Callum, Chase, Alex E, Gabe, Caleb, Alex B.

As you guys do every week. Compete hard and fair, to allow us to be competitive against any team we play!!

Westbrook u14 (5.7-37) vs Penno (6.6-42) – Ern Holmes

In tough conditions the boys played the local derby against Pennant Hills. We had some confidence going into the game with a couple of good results against them previously, but knew the wind was going to be a real equaliser.

Kicking with the wind in the first our mids were able to make sure that the game was played in our half.

Unfortunately, the wind was playing havoc with the shots on goal, meaning that while we registered a couple of good goals, inaccuracy cost us. In what would prove a game defining moment, some lack of accountability to play man on man footy meant Penno were able to hit the scoreboard from one of their only entries of the quarter.

The second quarter saw Penno have the wind and they came back at us early in the quarter and bridged back the gap. Some undisciplined talk on field also lead to a 50m penalty and a goal which again would prove costly. We stabilised in the back end of the quarter and a great contested mark by Nico saw us get an important goal. We also saw Ryley on field for the first time and from what we saw he is going to be a great addition to the team and can impact the game both forward and back.

The third quarter was like the first. We dominated play but just couldn't get the scoreboard result. This wasn't helped by some clever time-wasting tactics, but ultimately, we went into the last with the lead but one that wouldn't prove to be big enough.

The boys started the fourth brilliantly. Maintaining possession and territory even against the wind. Just as we thought we might pull it off, again, a couple of undisciplined acts with players not sticking to the game plan, lead to some easy goals for the opposition and with 90 seconds left they went ahead, and the game was over.

It was an important game for us and a tough one to lose. But again we saw some great play. Oscar continues to improve and is getting better every week, he is hitting the contest at speed and becoming important on the half back line. Henry's ability to gut run is great to watch. He plays the defensive mid role with class and can get even better which is scary. Ryan was tireless in the ruck, providing a marking option right across the ground. Noah's leading patterns forward are getting better and was able to apply some great defensive pressure. Tyler being a rock at centre half back is becoming critical to the team. Again not the result we wanted, but we aren't far off from challenging even the best teams in the second half of the season.

¼ by ¼: Q1 2.3 v 1.0, Q2 1.1 v 2.5, Q3 2.2 v 0.1, Q4 0.1 v 3.0 FINAL 5.7 (37) v 6.6 (42)

Goals: Nicho (3), Noah (1), Ryan (1)

Best on ground: Henry, Nicho, Oscar, Noah, Ryan, Tyler, Luke, Hudson

Report by: Sam Dinsmore (Runner)

Westbrook / Hornsby u15 (6.17-53) vs Penshurst Panthers (3.4-22) – Olds Park

After an excellent game last week against the Sharks we headed to Olds Oval to take on the Panthers for the first time this year. Lauchie, Akira and Cadel were all unavailable due to illness. The match had extra significance with Eamon lining up for his 100th game for the club.

The signs were not good from the first bounce with the Panthers kicking their first goal inside a minute. The first half lacked our usual intensity, desperation and team work.

The second half was all about getting back to the way we want to play. It's not easy to change your mindset during a game however our pressure did lift as we started tackle and use our hands. A great example of how much of this game is played between the ears. We need to arrive at each match with the same attitude regardless of where on the ladder the opposition sit.

Goals: Nic 2, Lukas 1, Cooper 1, Jake 1, Rohan 1

Report by Phil Irwin, Coach.

Westbrook / Hornsby u17-1 (6.4-40) vs Macathur (9.8-62)

North West Lightning YG u10 vs St Ives – Village Green

North West Lightning YG12 Red (9.10-64) vs Balgowlah Suns (3.0-18) – Rofe Park

North West Lightning YG U12 Blue - Bye

Bye

North West Lightning YG14 (1.1-7) vs Maroubra Saints (7.13-55) – Heffron Park

North West Lightning YG16 Div3 - Bye

Bye

North West Lightning YG16 Div1 (12.6-78) vs Balgowlah Suns (3.0-18) – Balgowlah Oval

North West Lightning YG18 (7.12-54) vs Redlands (1.3-9) – Macquarie Park

WESTBROOK CLUB SONG

*Good old Westbrook forever,
We know how to play the game.
Side by side we stick together,
To uphold the Bulldogs name.
Hear the barrackers a shouting,
As all barrackers should.
Oh, the premiership's a cakewalk
For the good old Westbrook.*

NORTH WEST LIGHTNING CLUB SONG

*Girls of Northwest
Yellow, Red and Blue
Hornsby, Penno, Westbrook
Lightning through and through
With a lightning flash, a lightning strike
We'll give our very best
You can't beat the girls from the lightning team
The mighty girls of Northwest*