



**ROUND 7**  
**Sunday 22 May 2022**



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## Presidents Report

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Round 7 had most teams away, however with the persistent rain about a few games were shifted to Greenway on Friday. A big thank you to **Andrew Murdoch** from our U17s who took a phone call 20mins before game time, in order for our first game to get started. With the late shift of games, the AFL had been unable to source umpires.

Thank you to, to **Lukas Kholhagen** for staying around following his game to umpire another rescheduled game where no other umpires were available. The clubs that moved games to our ground were most grateful for Westbrook being able to host games. Kudos to our 14s/15s/YG16-1s for helping out to make the day happen.

The AFL SJ team have notified clubs of re-divisionalisation, meaning draws for many of our teams have changed. Most of the games have been amended in PlayHQ, however, there have been some issues in a couple of age group. Managers will be notified and will forward on any new game details where there are issues with PlayHQ

Next week, we'll share some exciting representative news involving 2 of our youth girls players.

Good luck teams with round 8 games

Mark Lean-fore  
President

**EXCITING NEWS** – Our very own club captain, Liv has been asked to join the Swans Futures (U17) training at North Sydney oval twice a week and then play in the Winter Series in the coming weeks, with the first game this Saturday in Canberra.

She was also selected as one of 4 girls from Sydney, to join the U17 NAB AFLW futures team, to be held in Melbourne and attend a camp on the 4th of June and play a game on the 5th of June.

Congratulations on your success Liv!!



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## Round 8 Games & Duties

home team	away team	playing surface	game time	setup	canteen
U9s Westbrook	Hornsby-Berowra	Mike Kenny Top Oval	9am	3 people 8-9am	
U10s Westbrook	Pennant Hills	Mike Kenny Top Oval	9am		3 people 8-9am
Westbrook Bulldogs U11 Red Div 3	Manly Bombers U11 Black Div 3	Mike Kenny Top Oval	10:10AM		2 people 9-10
Westbrook Bulldogs Blue U12-2	Balgowlah Suns U12-2	Mike Kenny Top Oval	10:10:00		2 people 9-10
Westbrook Bulldogs U14 Div 2	Canada Bay Cannons U14 Div 2	Mike Kenny Top Oval	11:50AM		2 people 1030-1145
Westbrook/Hornsby Berowra U15 Div 2	Cronulla J AFC U15 Div 2	Mike Kenny Top Oval	1:00PM		1 person 1145-12
Auskick		Mike Kenny Bottom Oval	9am	self-setup	
U8s Westbrook blue	Hornsby-Berowra	Mike Kenny Bottom Oval	9am	self-setup	
U8s Westbrook Red	U8s westbrook	Mike Kenny Bottom Oval	9am		
NWL	Baulko	Mike Kenny Bottom Oval	10:10:00		
North West Lightning U16YG Div 1	St Ives Saints U16YG Div 1	Mike Kenny Bottom Oval	11:45AM	field pickup	
Newtown Swans U16YG Div 3	North West Lightning U16YG Div 3	Alan Davidson Oval 1/Greenway	1:30PM	field pickup	
Westbrook/Hornsby Berowra U13 Div 2	Manly Bombers U13 Red Div 3	Rofe Park 1	2:15PM		
St Ives Saints U12YG	North West Lightning U12YG Red	St Ives Village Green 1	11:00:00		
Lane Cove Cats U12 Div 3	Westbrook Bulldogs Red U12-3	Blackman Park - Synthetic Oval	11:20:00		
Manly Bombers U12YG	North West Lightning U12YG Blue	Weldon	8:30:00		
Willoughby/Mosman Swans U18YG	North West Lightning U18YG	Gore Hill Oval 1	12:00AM		
Willoughby/Mosman Swans U14YG Div 1	North West Lightning U14YG Div 2	Middle Head Oval 1	10:00Am		

### CLUB SPONSORS

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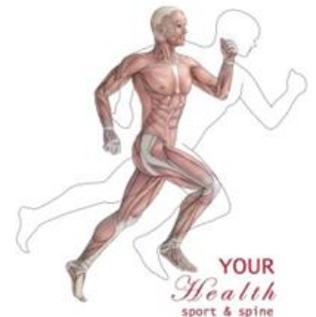
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# MATCH REPORTS

## ROUND 7 | Sunday 22 May 2022

### Westbrook u8 Blue vs Hornsby Berowra – Rofe Park

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Sydney football will never be the same, as Westbrook fielded its first all girls Under 8's football team!

Our brave pups graced the field at a sodden Rofe park and at times played under heavy skies. Mother nature could do little to dampen the spirits of our wonderful players though, as we took on the home team.

The girls had a crash course on the set up of the ground and the standards set at Westbrook, before being set loose on the Eagles. Each Pup was rotated into the different positions to contribute and find their groove. From kicking on the run, arms out defence and handballing to a team mate, there was no stone left unturned!

Westbrook Blue kicked 3 great goals on the day, one out of the middle untouched by opposition (kicked by AJ) and the goal of the day came from our very own kick out, with each player contributing to the maximum points at the other end, kicked by Charlotte, who also provided 2 goals. Georgia G was ever present, both in the middle and defence as she continued to provide opportunities and repel opposing attacks. She was well supported by her pack - Georgia B., Jasmine, AJ, Charlotte and Piper, who wanted to get her jumper out of the car at 3 quarter time. The team gave us every effort they had and the parents and club could not have been prouder of them or happier at the fun they had.

We all deserved the hot food on offer at the canteen after and were thrilled to be a part of the 'Welcome to Country' smoking ceremony, held by Hornsby Berowra, to celebrate Sir Doug Nichols Round.

We can't wait to welcome Sienna and Priscilla next week, as we take on the other Hornsby side back at the Kennel!

**Report by:** COACH - Daniel

### Westbrook u8 Reds vs Hornsby/Berowra Eagles

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It was a soggy and boggy start for our Under 8 Reds. The Eagles swooped on us early and the opening five minutes was a shower of goals. But the Reds were watching carefully. Ethan was reading the flight of the ball well, and was first to break free from the packs. And EJ was able to hold ground in the corridor and set up Oliver on the flank.

Before long, the Eagles and their goal umpire were so confused they thought all our players were called Ethan we knew we were in the match. Oliver had clean hands in the middle, positioned himself well and did some mighty centre clearances. And when the ball landed in the mud, it was Brody who launched in right after it and locked the ball in our forward line. Brody

had slipped into a huge puddle during the warmup, and now no amount of water or mud or opposition was going to stop him - the Reds were on a roll.



In the backline, the Eagles could not get past Edward no matter what they tried. Ethan and Brody made some sharp connections through the wing, linking with Jed up forward who created some running paths to the goal. Mark also helped up forward, plucking the ball out from a pack to kick a beauty.

Late in the game, Cruz was awarded a free 15 metres out from goal. Everyone thought he was too far out to score, but it soared over the leaping fingertips and sailed straight through.

Really pleasing to see the energy and teamwork in our first round. Well played Reds.

**Report by:** Steve Toohey

## Westbrook u8 White vs Lane Cove – Blackman Park

It was raining Cats and Dogs at Lane Cove early on Sunday morning. With 6/7 players enjoying their first game as a Bulldog it was a fine day to be introduced to football. Luckily the synthetic surface allowed for the young pups to pick up the ball and run and around without risking drowning.

It was a good display of skills from the newer pups with a few clear stand outs linking handballs and kicking to each other. Each player improved and learned across the game and will be ready for another round when (weather permitting) we it comes. Lane Cove were a little more experienced and managed to connect their play a little better than us on the day however fun was had... and in the rain that's all that matters.

The next two weeks will be vs the other Westbrook teams so a perfect chance for the younger pups to test themselves.

**Report by:** Tim Wolnizer



## Westbrook u9 Blue vs Hornsby Berowra Red – Rofe Park

It was absolutely bucketing with rain on arrival at Rofe Park to take on Hornsby's Red team. With some of our team attracting Leeches during the warm up, there were a few squirmy boys during the smoking ceremony as we acknowledged Sir Doug Nicholls round before our game. After bathing in hand sanitiser, the Leeches were removed and remaining bare legs were checked and the game soon got underway.

Sharing 2 players each quarter to even up numbers, quarter one was a hard slog for the boys as the ground was heavy and the ball wet. With congestion in the midfield, it was difficult for either team to gain possession. Hornsby were able to gather first to find Mitchell who was playing for Hornsby up forward. Undeterred by playing for the opposition, Mitchell kicked 2 quick goals to open the game. Isaac and Archie responded, controlling the ball from the centre to find Patrick, Rhys and Spencer in our forward zone. With some good teamwork and handballs forward, Rhys was able receive and run around the opposition to score.

With the rain easing and the boys adjusting to the wet conditions, we found our feet in the second quarter. Michael and Tyler worked together in the middle to gather the ball and finding some pace before driving the ball forward. Ryan was ready and waiting, making sure he was in the right position to receive the ball and kicked 3 goals this quarter. Great

defensive pressure from Spencer, Blake and Clive meant that the ball was quickly returned when Hornsby tried to advance.

After the half time break, Hornsby came out firing and weren't going to lay down. The congestion around the ball returned and it was a struggle for either team to find space. Mitchell, Blake and Clive were relentless on their attack for the ball and managed to move the play forward. Michael, Leo and Tyler were ready to receive and worked together to keep pushing forward, with Michael scoring 2 for the quarter. Hornsby responded to keep the game close.

At the last quarter, our team had started to tire from the heavy conditions and increased physicality from Hornsby compared to our last game. Patrick, Rhys and Spencer fought hard in the centre to gain possession but Hornsby had a slight edge. Determined not to concede, the boys did not miss any opportunity to contest the ball, which paid off with a long forward kick to find Jonny who scored our only goal for the quarter.

A great contest in tough conditions, and despite the Leeches, the entire team rose to the challenge and enjoyed splashing some mud around. All were excited to experience and participate in the smoking ceremony. A special thanks to all boys who played for Hornsby in each quarter.

**Goals:** Ryan (3), Michael (2), Mitchell (2), Jonny, Rhys

**Report by:** Daniel Greenwood (Coach)

## **Westbrook u10 – game cancelled**

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## **Westbrook u11 (5.2-32) vs Willoughby Wildcats Green (10.4-64) – ELS Hall**

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## **Westbrook u12-2 – game cancelled**

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## **Westbrook u12-3 – game cancelled**

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## Westbrook u13-3 (5.2-32) vs – Willoughby Wildcats Green (10.4-64) – ELS Hall Park

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It was a very early, wet and chilly morning that awaited the team at ELS in North Ryde. It was the team's first experience with Astro Turf and this combined with the wet weather was enough to unsettle our regular rhythm over the match.

It was a good start initially with both teams having 2 scoring shots each. Some initial kick and marking down the field was a highlight to Q1.

Unfortunately, a number of factors combined and it was a quiet Q 2 & 3 with Willoughby able to add on 5 unanswered goals. The momentum swung slightly in the 4th quarter with 3 goals however the gap was too great to close. We have a number of things to work on in training this week.

A big shoutout to the boys who helped out on the Wildcats team.

Player of the Week Fingerbun Award: Jack

**Goals:** Jack 3, Rohan S 2

**Best:** Jack, Sam, James, Andre

**Report by:** Team Manager Ang

## Westbrook u14 (5.3-33) vs East Sydney (5.12-42) - Mike Kenny Oval

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In a great outcome, the boys got to take the park at their home ground after the Easts ground was closed due to wet weather. We were also lucky to have Zac and AJ play down from the 15s, which really helped bolster our depth after a couple of key outs for the week.

East's were the last team, in our run of three matches in a row against the best sides in the competition. Each week we have been improving and slowly tightening up on the little things that make a big difference in a game of AFL. The first quarter really showed how good this team can play when we get these little things right. The talk was there, the toughness around the contest was there, the smart use of handball and leading to create space was there and with all this coming together we managed to go into the break with a healthy lead.

To East's credit they stopped our run, and increased their own, over the balance of the game. Henry showed some amazing two way run, while Ryan was clean and smart with his ball use in tough conditions. Will had his best game of the season playing any role thrown his way, while Isaac and Hudson were courageous and always on the bottom of the pack. We fought hard to hold East's off, but our boys simply didn't have the legs to run with them. They edged ahead at the end of the third, but we saw a great response in the last from our boys to get back within 3 points before a late goal from East's put the game out of our reach.

Overall the game was a real credit to how far a lot of our new players have come. One of those players, Isaak, was one of our strongest on the day, and in only his 4th game showed he has the potential to use his speed and stamina to really impact the outcome of games.

¼ by ¼: Q1 4.3 v 1.2, Q2 0.0 v 1.4, Q3 0.0 v 2.3, Q4 1.0 v 1.3 FINAL 5.3 (33) v 5.12 (42)

**Goals:** Henry (2), Nicho (1), Ryan (1), Hudson (1)

**Best:** Henry, Isaak, Ryan, Isaac, Hudson, Nicho

**Report by:** Sam Dinsmore (Coach)

## Westbrook / Hornsby u15(12.10-82) vs Newtown Swans (1.4-10) – Greenway Park

After another week off due to Penshurst forfeiting last week we set ourselves for another tussle with the Newtown Swans. With Alan Davidson Oval closed we managed to have the game transferred to the bottom oval at Greenway Park. A big thank you to Andrew Murdoch who put his hand up to umpire at short notice. Lauchie was unavailable due to League commitments in Wollongong with Ryan Mardling stepping up from the under 14's to take his place.

The boys got off to a fast start in the first quarter with the midfield group of Eamon, Matt, Mauro and Lukas dominating out of the centre. Sam B, Cooper and Jake were providing good options up forward and managed to get amongst the goals. Hugh and Cadel were competing hard when the ball hit the ground. A solid quarter however we struggled to convert kicking 3 goals and 7 behinds.

The focus at quarter time was to keep the forward 50 open and put our head over the ball and feed out to teammates in space. Kian played mostly on the wing and found plenty of the ball playing his best game for the club. Hayden, Hunter, Akira, Sam C, Fin and Cameron rotated through the back half and did a fantastic job. Akira's good form from the past couple of weeks continued and Cameron and Sam C were proving hard to get past at half back.

In the last quarter we wanted to work hard for each other in the contest and despite the conditions continue to try and use our hands as much as possible. It's all about playing team football this year and we got two perfect examples from our Captain in the last quarter. Lukas took control of the ball under pressure close to goal twice and instead of going for the low percentage snap, he fed the ball out to Jake and Sam B in space resulting two easy goals for the team. Jake kicked a nice goal on the run after another excellent passage of play that started from half back. Charlie had a run in the ruck where he provided a great contest. Rohan, Zac, Nic and Ariel played wing and forward and didn't take a backward step. Ryan took the step up to 15's in his stride playing forward/ruck and kicked two nice goals.

A good game from the boys but there is still plenty to work on. We have the Sharks again this Sunday so another big challenge.

**Goals:** Sam B 4, Lukas 2, Ryan 2, Cooper 2, Jake 2

**Report by:** Phil Irwin, Coach.

## Westbrook / Hornsby u17-1 (6.10-46) vs Glebe Newtown (5.8-38) – Rofe Park

The rains came down, the rivers flooded over and the wind blew hard against the Dogs, but we would not fall. A new belief, NAH!, faith in the team mates was obvious. A shroud of light illuminated the dogs of war. A celebration of longevity due to the 150th time Willis had been set onto the enemy and a chance for redemption from the weeks before laid ahead.

The Grey Hounds' thought a name change to the blood Hounds would be enough to lift them to a win after a long list of losses to the Eagle Dogs, But they soon found out that in conditions of heaven sent stinging rain, the sinners BLOOD would soon be watered down to nothing more than a Whippet sized patch of waste that was dripping from the bulldogs jowls.

The Boys from the Hill and Brook started their dismantling project of the star studded Academy laced puppy pound in the centre, much like the Christian to the Lions, Glebes Centreline soon realised that no amount of praying and team stacking was going to keep at bay the furiousness of the Pitbull's. Every entry the pigmy cows made into their forward line was met with a Cerberus like response, 'YOU SHALL NOT PASS', The forwards leading patterns could not be covered or contained. The team plan was finally known and understood. Note to self, "Don't assume footballers will read the game plan."



While at the first break The Red white and Bulldogs were ahead, the major break had the Shetland Pony's too close for comfort. The thought of another head drop was a dreaded and real possibility. But the feeling amongst the pack was biblically uplifting, One could almost hear the sweet tones of a Harp in the distance, unfortunately or fortunately those tones soon changed to out and out pandemonium, The hounds of hell and the Heavens opening up overwhelmed the plasma puppies with a display of wet weather football that will not be witnessed again. It was hard to witness even at the time, due to the sheet of water tumbling from the sky between the action and the sideline. By the last break, the Bulldogs had opened up a little lead but not enough to sit back and rest. The Bloodied Hounds in the last had one last death kick in them, this equated to a soccer goal skimming across the deck like a stone skipping across the water. A couple of behinds and some heavy



legged smart thinking saw kick ins slowed like a slow motion film clip and the heavy legs of the boundary ump allowed the defence of the 8 point lead in the last 5 min to hold.

The boys showed themselves most of all, attitude is everything, come to play and they will be hard to beat, come to muck around and you'll be a joke. Being Proud is an understatement and all the boys had spent all in their tank for this win, and so it should be.

Due to the age of the boys a little edited version of an old footy saying.

Winners Cordial Boys, How good is it!!

**Goals:** 1 each to Stix, Pat, Silk, Ryan, Merken, Brad

**Best:** Boundary Ump and all that played.

**Report by:** Jeff – Coach



## North West Lightning YG u10 vs Willoughby/Mosman/Lane Cove – Rofe Park

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## North West Lightning YG12 Red (6.6-42) vs Balgowlah Suns Red (5.5-35) – Ern Holmes

It was a dreary, wet, and muddy day at the Ern as the U12 Red squad battled the Balgowlah Suns Red squad on Sunday. The Suns were at smaller numbers due to illness, so the Lightning stepped up and lent two players per quarter to ensure an even 11-11 contest.

It was a competitive contest from the first ball up. The scoring went back and forth as the players got stuck into the contest. Mud was flying but so were crisp kicks and on target hand balls. The defence kept the Lightning in the contest early and saved them later. Holly R, Kate C and Jamiee W were always around the contest.

Luella S, Agnes N and were instrumental in the midfield. Arlia D, Emily B and Aryia S kept the pressure on the scoreboard.

The 4th quarter began with the Suns just in front. The Lightning, through hard work and on ball pressure kept the Suns from scoring in the final quarter. The Lightning scored a late goal to propel them to their first win of the season!

**Goals:** Lightning Red: Aryia S 3, Emily B 2, Arlia D 1

**Scores:** Final: Lightning Red 6.6 42 v Suns Red 5.5 35

### Quarter by Quarter:

Q1: 1.1.7 vs 2.2.14

Q2: 4.2. 26 vs 3.4.22

Q3: 5.3.33 vs 5.5.35

Q4: 6.6.42 vs 5.5.35

**Report by:** Brian Hurd (Manager)



## North West Lightning YG U12 Blue (5.1-31) vs Willoughby / Mosman (3.4-22) – Ern Holmes Oval

Overhead was as grey as the mud at our feet on Sunday, but the team at Ern are very much the show must go on, thankfully. They are doing a great job in a big transition period for the ground and club.

Both teams had good numbers and a willingness to challenge their unbeaten records against one another. There were also some crucial players away on representative duties for both sides and we congratulate both Madi Booysen and Olivia Huggins, for waving the Lightning flag at the PSSA carnival this week.

The Lightning girls were cleaner in front of goals throughout the match, but it was also their determination and effort to not only get to each contest but to win it that saw them control the game for the majority. They were met by an equal opponent probably for the first time this season, however stood their ground and defended their turf with all they had.

The team's fitness and training started to shine through with their skill levels still high on the boggy ground and running game very much on display. The team listened to instructions well and they continue to learn and get a feel for the game at such a fast rate.

As a coaching and parent group, we couldn't be happier with their progress and the way they have bonded together both as the Blues, but together with Reds as a greater squad.

The second biggest roar of the game was a mark to one of our newest recruits, Georgia in defence, only bettered by the relief of the final siren. All that were there to watch, know what these girls are giving.

Quarter by Quarter

Q1: 2.0.12 v 1.1.7

Q2: 3.0.18 v 1.2.8

Q3: 4.1.25 v 2.2.14

Q4: 5.1.31 v 3.4.22

**Goals:** McLeod 3, Browne 2



## North West Lightning YG14 (14.6-90) vs Pittwater Tigers

## North West Lightning YG16 (0.0-0) Div3 vs Pittwater Tigers (8.12-63) – Ern Holmes

This Round saw our girls don the Indigenous jerseys, and WOW, our girls made them look good!

It was always going to be a tough day at the office for our Div 3 team. With only 1 reserve, it was going to be a challenge on our fitness and our strength. A noticeable height and size difference between the two sides became obvious from the onset, with our Lightning girls realising that a massive effort would be required today. Pittwater was top of the table by a significant mile, and from previous encounters we knew them to be a well-oiled machine. They did not disappoint.

From the onset, the Pittwater attack came like a tsunami towards our backs and the contest was on. Scrambling to hold, the Lightning defence knew they had their work cut out for them. Some goals in quick succession from Pittwater reaffirmed this was going to be an epic battle to hold them out. At the end of the 1stQ the score was 0-22, Pittwater's way and we went to the bench to discuss strategy. The Team agreed to stack the Backs and for the first time this season, we saw our usual Forward pack move into defence to help add some muscle to the last line.

2ndQ started strong, and we had some brilliant movement up through the Mids. Painfully close to reaching our Forwards, we just couldn't quite break the solid Pittwater defence and we were back to creating a wall of opposition to scoring. Our work rate was high and we again managed to hold on in defence to keep the score to a minimum. At Half Time we were down 0-42.

At the Half Time break, fill-in Coach Justin gave the girls an inspirational push and with much cheering, high fiving and a little bit of mongrel, our girls set themselves the task of a goalless quarter for Pittwater. The tactics worked from the start,

and we could see that our team had visibly lifted into a new level of defence. Again, painfully close to getting the ball up our attacking end, we just couldn't push through Pittwater's Backs. Our Mids worked hard, and our Backs held out every single attempt to see Pittwater goalless in the 3rd. At the end of the Quarter we were 0-47.

4thQuarter started with two quick goals from Pittwater and the momentum changed a little, but we kept on fighting. Nearly dead on their feet, our Lightning girls worked right until the very end. Whilst we didn't manage to score this game, our efforts were obvious to hold Pittwater to a final score of 0- 63.

We might breed them small in the Northwest, but we certainly breed them tough. The Lightning Girls never gave up, they never stopped trying, and most importantly, they NEVER stopped smiling. It was a pleasure to watch our girls give it their all.

Thanks again to everyone supporting today's game. I know your cheering and enthusiasm made the difference to lift the Girls right when they needed it the most. Brilliant Team effort!

**Report By:** Kirsty Newbury

## North West Lightning YG16 Div1 (6.5-41) vs East Sydney (13.8-86) – Mike Kenny Oval

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## North West Lightning YG18 (3.1-19) vs Willoughby / Mosman Swans (5.4-34) – Rofe Park

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The 1st quarter the Swans came out fast & hard and at the end of the quarter they were up by 4 goals.

After Perry settled the girls & put them back on track (and Dan was instructed by the umpire how to do a boundary throw in), Lightning started coming back.

With a fantastic 50m goal from Liv in the second quarter and an amazing goal from Chelsea in the third quarter, Lightning were closing in on the Swans.

In the fourth quarter, Lightning battled through the rain and mud, while demonstrating good communication, ball skills and plenty of tackling. With great marks from Kirrily and Maeve, and Bronte kicking our last goal the final score Lightning 3.1-19 vs Swans 5.4-34

Special thanks to Emma Waters who came straight from her U16s game at Mike Kenny to help us out!!

Great work Lightning!!

Q1 0.0 v 4.0, Q2 1.1 v 0.0, Q3 1.0 v 0.2, Q4 1.0 v 1.2

**Goals:** Liv (1), Chelsea (1), Bronte (1)

**Report by:** Heather Haoushar (Parent)





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### WESTBROOK CLUB SONG

*Good old Westbrook forever,  
We know how to play the game.  
Side by side we stick together,  
To uphold the Bulldogs name.  
Hear the barrackers a shouting,  
As all barrackers should.  
Oh, the premierships a cakewalk  
For the good old Westbrook.*

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### NORTH WEST LIGHTNING CLUB SONG

*Girls of Northwest  
Yellow, Red and Blue  
Hornsby, Penno, Westbrook  
Lightning through and through  
With a lightning flash, a lightning strike  
We'll give our very best  
You can't beat the girls from the lightning team  
The mighty girls of Northwest*