



ROUND 6



Sunday 15 May 2022

Community Umpiring Week

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Presidents Report

A Sunday back at home for many teams and again a big thank you to our helpers getting us setup and started. With some wet weather around we picked up a couple of extra games from Ern Holmes oval which was closed and played them on the bottom oval.

The Westbrook Committee met during the week with event planning high on the agenda. Team Photos, Big Freeze 8, Westbrook 40th Celebrations and a special 100 game milestone. Watch out for communications via team managers and our social pages for more details coming very soon.

It's a big week ahead for our U8s who start the next stage of their footy journey. The U8s 'home & away' program states this week and we'll have 3 Westbrook teams playing alongside teams from Pennant Hills, Hornsby-Berowra and Lane Cove. A big thank you to Tim/Chloe and the other parent helpers for getting the teams up and running. We'll share some pictures next week of their first games.

The AFL SJ team are working through re-divisionalisation this week. Whilst only 1 of our teams are likely to move, there will be other changes which will impact our teams and lead to some draw changes – these will take effect from round 8. Keep an eye out for communications from team managers for respective draw updates.



U13s new guernseys

Thanks to our new sponsors [B4Real](#) for fitting out our U13s with a new set of guernsey's. Pictured below is Callum modelling the new guernsey's

NSW PSSA Carnival

Good luck to 4 of our U12s who next week will be in Coffs Harbour for the NSW PSSA (Primary) Carnival. Madison & Olivia will represent Metro East, Samuel will represent Mackillop and Adam representing Sydney North. Well done on your selections. L-R (Madison Booyesen, Olivia Huggins, Samuel Lean-Fore, Adam Saddick



The Umpire AFL NSW ACT team will be hosting another information sessions on May 25th for people who are interested in becoming an umpire.

Register your interest here - <https://bit.ly/3P9pTLq>



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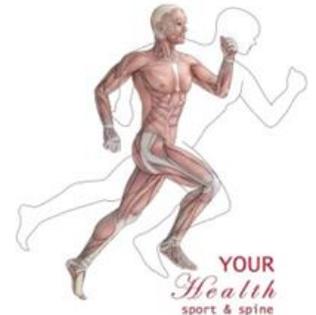
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MATCH REPOR



ROUND 6 | Sunday 15 May 2022

Westbrook u9 Blue vs Lane Cove Stengle – Mike Kenny Oval

After a tough and competitive game against Lane Cove's Duncan team last week, the team were excited to test their skills against the Stengle team, this time at our home ground. The early start meant the ball was slippery on ground, but as the sun broke through the conditions quickly improved.

With Archie, Patrick and Blake in the midfield to start, the ball was in good hands as we dominated in the ruck, and worked quickly to gather the ball. Once in possession, the ball continually made its way to our forwards William, Mitchell and Michael who worked together to advance past the Cats defenders allowing Michael to score. It was a quiet start to the game for our defenders who didn't see much of the ball.

Quarter 2, and after a shuffle of positions, our backs moved into the midfield and were hungry for the ball. Tyler and Rhys were quick to clear from the centre and drive some long and accurate kicks forward. Patrick was determined to win the ball and continued the attack up forward, working with Archie and Isaac who both scored to reward the teams' efforts.

Following the half-time break, Lane Cove came out strong and increased their defensive pressure, sticking to their players and contesting for the ball. Ryan and Michael relished the challenge midfield, and drove the ball forward at every opportunity. Tyler and Rhys had to work hard to maintain possession up forward but were rewarded for their efforts. The Cats shared much of the ball this quarter and when it made its way to their forwards, Spencer and Blake were ready and waiting, executing some great tackles to stop their advances.

Lane Cove continued the momentum into the fourth. With their defensive efforts paying off, they were able to quickly move the ball through to their forwards. Jonny, Harvey and Rhys worked together in defence, applying strong tackling pressure to turn the ball over. The Cats attack was relentless and our boys did well to counter their advances, clearing the ball forward only to find its way back. A great contest to finish off the game.

Special thanks to Isaac, Spencer, Patrick and Michael for each playing a quarter with the Cats to even up team numbers.

Goals: Archie, Isaac (2), Michael (2), Rhys, Tyler

Report by: Daniel Greenwood (Coach)

Westbrook u10 vs North Ryde Dockers - Mike Kenny Oval

Wow what a game!

This week's match proved to be the most complete team performance thus far. The most pleasing aspect was the pups working together, looking to both provide and hit targets for one another.

Overall, the match was a very hard-fought tussle, with the two teams relatively closely matched. Fair to say though that with fractionally better ball movement and field positioning Westbrook probably dominated field position for the majority of time.

Also pleasing was the better start the side got off to, with the intensity up from the opening bounce, which then carried all the way to the final siren. Highlights of the performance included –

- Plenty of strong tackling, with Andrew, Archie, David, Evan, Hudson and Max all executing some great tackles, including a few resulting in free kicks for holding the ball.
- Some solid marking, with Jake, Thomas, Will and Billy all showing how it is done.
- Freddie and Beau roving the ball from restarts and kicking it forward into attack.
- Evan, James and Beau's unrelenting chase of the loose ball.

Such was the evenness of the performance Coach Jarrod needed 10 minutes after play to stop and consider his best and fairest votes!

Goals: Freddie, Hudson, Max, Billy

Report by: Jason Welch (Team Manager)

Westbrook u11 - BYE

Bye

Westbrook u12-2 (7.9-51) vs Manly Bombers (5.5-35) - Mike Kenny Oval

Westbrook came out strong in the first quarter against Manly with 4 goals and defended tightly to see Manly get one goal. Westbrook were good in the contest and had a strong middle with Cory, Charlie and Samuel. Hayden put in a beautiful long kick for a goal and Cory was winning the ruck contests. Adam held his ground and made an explosive jump to take a mark and Charlie ran out of the pack and down the field for a goal. A good fight for both teams.

The ball moved straight into Westbrook territory to Leonard who gave a handball to Marcus for a goal. Mids put the pressure on Manly and made a first-class play using hands and running through the ball, shepherding the opposition down the side of the field for a goal by Samuel. The team displayed their speed and hunger this quarter and held Manly at just one more goal. This was a tough quarter and boys played hard to the end.

Ben took a great mark in the third quarter and moved the ball down and gained us another point. A heroic spoil by Josh and Jackson got his hands on the ball and down to Riley who took the mark and kicked for goal to get us another point. Jack playing up from the 11s showed his ability to read the play and get in the game and put the pressure on the opposition. Ryan and Adam were quick on their feet and moved into the play and put their body on the line in some great tackles.

The play started to get messy in the 4th quarter with a bit of crowding and scrappy play around the ball resulting a headknock with two of our players. Charlie was able to get the ball on his boot a couple of times to move the ball into our forward line. Tom and Jake put on a good chase for the ball and Hayden maintained control

when he had possession. Leonard did well winning most of the ball ups. Another goal for Charlie this quarter, showing his skills and speed and delivery.

Big thanks to Evan, Aleksander and Jack who filled in for us and were not afraid to get into the play and put in some good tackles and move the ball around. The team had some outstanding plays using their skills and trusting their teammates, it was fantastic to watch.

Goals: Charlie (3), Marcus (1) , Samuel (1), Ryan (1), Hayden (1)

Best: Adam, Charlie, Samuel, Cory, Hayden, Ben, Ryan

Report: Jackie Mardling (acting manager)

Westbrook u12-3 (1.1-7) vs Hornsby Eagles (11.7-73) - Mike Kenny Oval

Starting Round 6 with only 1 game under our belt due to 3 wash outs and 1 bye was a little nerve-wracking, but the boys were given some very clear goals from Coach Bee – tackle with intensity, support the player with the ball, score at least 1 more point than last game and make every action have an impact.

From the first whistle the boys played with an intensity and a purpose that we'd never seen before. They were all over their opposition and were rewarded in the first couple of minutes when Zach kicked a goal! The mid-fielders were working overtime getting the ball free and moving it up to the forwards and when Hornsby finally switched into gear our backs were not giving them any room to move. At the end of the first quarter scores were even and our boys had already met most of Coach Bee's goals.

The randomly hot and muggy day in the middle of May came into effect from the second quarter and our boys started to tire a little, but their desire to have an impact did not. Hornsby must have gotten a talking to at quarter time and came out firing in a big way. They put numbers in the forward half and we found ourselves struggling to match up at times, but our boys still landed some huge tackles and made it as hard for them as possible.

After a longer break at half time our boys were a bit more refreshed and they came out firing again. We played a possession game and were able to keep it in the middle of the field and away from their forward line for much of the quarter. Some great ground-work was done by our mid-fielders against a much bigger opposition allowing us to feed the ball into our forwards, resulting in a behind for Lachlan. Unfortunately, Hornsby had their eye in this quarter and were able to score 3 times from only a handful of entries into their forward fifty.

The final quarter was another hard slog for us, but the boys never gave up. They tackled right to the end resulting in some very sore bodies after the game. Overall, every single one of the goals that Coach Bee had given the boys at the beginning of the game were met (and then some). With improvement like this from their first game to their second, I'm looking forward to seeing what the boys are doing by the end of the season.

Goals: Zach Brown

Best: All of them – every single player added value and had significant impact.

Report: Katie Pike (Team Manager)

Westbrook u13-2 (7.10-52) vs Penshurst Panthers (2.2-14) - Mike Kenny Oval

Westbrook u14 (3.1-18) vs Moore Park Tigers (13.7-85) - Mike Kenny Oval

Sundays game was a bit of an unknown for the boys given our opposition, Moore Park, had just dropped down from Division 1 for the first time in 2022. We knew it was going to be a tough game and one that would be a battle from the first bounce.

The four quarters that followed were some of the hardest that even out experienced players had faced. With some great support from Kristian, Alex and Gabe who played up from the 13s, our boys never failed to step in and get hands on the footy, despite the bigger and more aggressive bodies of the Tigers.

The first quarter was evidence of what this team is capable of. With a few more games in some of the “new to AFL” boys’ legs, the coaching team has no doubt we will be able to maintain that rage for a full four quarters. Come the back end of the season and the current 8 or 9 goal gap to the big three teams will be down to one and two, and even then there is the ability amongst this group to go deep into finals if we tidy up some of our fundamentals. Going back from the mark and taking our kicks, talking to each other on ground, shepherding and avoiding running through the protected zone of an opposition mark. It was these little things that hurt us as the game went on and limited our ability to get the momentum needed to be effective going inside 50.

The most pleasing thing today from the coach’s perspective is the improvement in our first year players. Nicho, worked tirelessly all day and took some heavy hits but always stepped in. Isaak is just starting to use his pace, and with a strong mark could really take on the game. Oscar is becoming king of the repeat efforts and very tough to beat one on one. Ziad has his rugby step and ability to tackle opposition twice his size on full display. Arthur constantly shows courage to get his head over the footy and is great at making smart decisions with ball in hand. Liam shows his footy experience and with a bit of confidence to run with ball in hand will be damaging up forward. While Aaron has big potential to be a strong inside player, by hitting the contest at pace and busting open pack.

Overall, it was a tough day out for the boys, but they should be proud of the courage they showed in staying true to focusing on the ball and not the man, even when that was all the opposition seemed to care about. That shows true guts and is something that’s shows the character of these boys and their potential to win a lot more games of footy this year.

¼ by ¼: Q1 2.1 v 7.0, Q2 1.2 v 3.3, Q3 2.1 v 2.1, Q4 1.3 v 2.2 FINAL 3.1 (19) v 12.7 (79)

Goals: Noah 3

Best: Nicho, Noah, Ryan, Henry, Isy, Luke, Tyler

Report by: Sam Dinsmore (Coach)

Westbrook / Hornsby u15 vs Penshurst Panthers (forfeit) – Rofe Park

Forfeit by Penshurst

Westbrook / Hornsby u17-1 (4.3-27) vs Willoughby / Mosman (13.4-82) - Mike Kenny Oval

The Swans have been the bench mark for the past 4 years in our age group, and this weekend wasn't any different, Hard running and pressure dominated the Dogs.

I'm not one to make excuses, and I'm sure the flu has hit Mosman just as hard as it has hit the Dog Eagles, Two broken fingers and Bathurst also didn't help the soldier count.

At the end of the day, we were out classed and out played.

We have surely taken some lessons out of the weekend and will bounce back this week V Glebe Newtown.

Goals: Squid 2, Pat 2

Report by: Jeff (Coach)

North West Lighting YG u10 - BYE

Bye



North West Lightning YG12 Red (3.4-22) vs North West Lightning Blue (9.2-56) – Mike Kenny Oval

The two NWL YGU12 teams (RED and BLUE) met under sunny skies on Sunday at Mike Kenny Oval. It can't be overstated how great it is to have enough girls to fill two awesome teams in the U12 competition. The teams warmed up as one squad, had a great chat before the game and enjoyed the novelty of gearing up to play each other. With coach Daniel absent and rumoured to be watching some other ball-related event, it was Coach Alex for the Blues and Coach Eamonn for the Reds.



The game was played with great spirit and friendly aggression. Both teams are improving each week in skill and teamwork. A couple of the Blues squad played for the Reds to keep numbers even due to injury & illness - thanks to Maddie, Lyla and Ayesha for switching over. And congratulations on first games to Ayesha and Georgia! For the outside observer, keeping track of who was Blue (in White) and Red (in Blue) might have been tricky - but for our Lightning Bolts and their vocal supporters it was no problem.



The Reds showed strong defence and urgency. Standouts were Shiori T, Jaimee S and Grace B- who was captain for the match and celebrated a birthday on the day. The midfield was strong with Maddie B and Lyla M lending skill and experience to guide the team through the middle. Agnes N is really gaining in confidence in the ruck. The offensive pressure was led by Ava H who had two goals and strong forward play was also turned in by Angela R. Special shout out to Ayesha D who debuted with little preparation due to recent wet weather. The Red team's hard work, resilience and perseverance is beginning to pay off on the scoreboard.

Hopefully, breaking into the win column is just a matter of time. For the Blues, Browney set the pace early. Her lightning speed had her out of the blocks early with a handful of quick goals. The Reds quickly regrouped and with some tight defence held the Blues off despite some strong efforts in the second quarter. Out of the ruck, Asha's leaps and Olivia's speed were followed up by great connections across the ground. It was a warm day - and everyone was on the move. Aliyah, Emily H, Annabel, Lily and Audrey frequently found themselves in the thick of things and Khiara and Georgia were never far from the action. Special mention to Evie for a very tidy goal and to Harper whose game smarts had her central to a number of great sequences of play including a couple of eventual scores.



Quarter by quarter: 0.1.1 v 6.2.38, 0.2.2 v 7.0.44, 2.3.15 v 7.2.44, 3.4.22 v 9.2.56

Goals: Blue: Emily B 5, Annabel 2, Olivia 1, Evie 1, Red: Ava 2, Maddie 1

Report By: Brian Hurd and Shane McLeod

Photos By: Samantha Leatham

North West Lightning YG14 vs Willoughby / Mosman – Middle Head Oval

North West Lightning YG16/3 (2.5-17) vs St Ives Saints (3.5-23) – Acron Oval



Less of a wet weather round, more of a slush round, the Div 3 girls came out to play, and play hard they did!

From the very first Ruck the team connected, and it was clear that the Lightning girls wanted the ball and were prepared to work hard for it.

Off to a brisk start, the ball was dangerously close to our back line. Some amazing clearance kicks to reset and send it upfield, it was a full team effort to carry the ball all the way up to the goal square to score. First goal of the game went to Riley.

Lots of great scrapping and tussles gave quick rewards as our second goal from Zoe started to see us pulling away. Mids worked hard and our Forwards were really driving out to create options in attack.

2nd Q was messy with lots of scrapping in the mud and plenty of tackles in Mid field. We were unlucky to have a few opportunities not convert with failed connections and some brilliant spoiling by the St Ives Mids. 2 behinds from each team for the Quarter, we were still leading the charge. We came off at half time knowing the

3rd Quarter would be an important one to win. 3rd Q started hot with St Ives scoring an early goal and the energy seemed to shift the opposition's way. Another goal from St Ives and the contest was even. St Ives picked up momentum and from there we found ourselves in contest for the game. The ground deteriorated and the mud became a quagmire in the middle. Again St Ives tested our metal, with a cheeky behind and a goal, but we were still hanging on by a fingernail...

4th Q we knew we had to work to make up some momentum and an opportunity to create some magic came early with the ball right up in our goal square but to no avail. St Ives wanted the ball and muscle up they did. Full credit to them, they tested our Backs again and again. Full credit to our Backs to keep the wave of St Ives opportunities to a minimum and the score line in check. Our forwards could only watch on as our Mids and Backs struggled to keep up with the energy now coming from the St Ives Forwards. Another goal and 2 behinds from St Ives and we had our work cut out for us. In the end, a last surge to our scoring end and several attempts at marks and gathers couldn't quite bring it home and we lost in a nail biter. NORTHWEST LIGHTNING YG 16/3 (17) vs ST IVES SAINTS (23) ROUND 6 - SUNDAY 15th MAY 2022 ACRON OVAL NORTHWEST LIGHTNING YOUTH GIRLS Thank you to all our families for travelling out to support the girls. Special thanks to our Game Day Officials for their efforts, including Justin who stepped in for Jared this week while he was watching cars drive in circles at Bathurst. Definitely not as exciting as women's AFL.

We'll get them next time Lightning!

Goals: Rylea – 1, Zoe – 1

Report By: Kirsty Newbury

North West Lightning YG16 Div1 (2.0-12) vs Maroubra Saints (11.6-72) – Pioneers Park

North West Lightning YG18 (2.3-15) vs Barker College 4.6-30) – Rofo Park

Club song

WESTBROOK CLUB SONG

*Good old Westbrook forever,
We know how to play the game.
Side by side we stick together,
To uphold the Bulldogs name.
Hear the barrackers a shouting,
As all barrackers should.
Oh, the premiership's a cakewalk
For the good old Westbrook.*

NORTH WEST LIGHTNING CLUB SONG

*Girls of Northwest
Yellow, Red and Blue
Hornsby, Penno, Westbrook
Lightning through and through
With a lightning flash, a lightning strike
We'll give our very best
You can't beat the girls from the lightning team
The mighty girls of Northwest*