



PRESIDENT'S REPORT



A belated welcome to season 2022 on which should have been the week following round 3, the weather had other plans!!

Sadly season 2021 ended abruptly, a season that had started with so much promise but finished without the opportunity to get a full season of home and away games in. Ironically, what turned out to be our last day of games, was our biggest day and our raising funds for the *Fight MND cause*. We hope to do this bigger and better in 2022.

Weather aside, season 2022 is off and running. Our numbers are down a little but this is consistent across the competition, as families had an opportunity to reprioritise their family and social activities through Covid. This season should be 16 rounds + 3 weeks of finals. As we found out last year, covid-19 may have other plans, so in footy speak we will 'take it a week at a time'. We have teams in all Girls & Boys age groups:

Our Girls team play as an Alliance with Pennant Hills and Hornsby-Berowra and play as the North-West Lightning.

YG 10s	1 team	YG 16s	2 teams
YG 12s	2 teams	YG 18s	1 team
YG 14s	1 team		

Our U13/15/17s teams have an Alliance with Hornsby-Berowra and will play as Westbrook-Hornsby.

U9s	1 team	U13s	2 teams
U10s	1 team	U14s	1 team
U11s	1 team	U15s	1 team
U12s	2 teams	U17s	1 team

Our U13/15/17s teams have an Alliance with Hornsby-Berowra and will play as Westbrook-Hornsby

My thanks to all our coaches and managers who have put their hands up to lead their respective teams this year. We have a number of new faces among the group which is refreshing and we hope that they bring new ideas and plans to the broader coaching and manager group. Our coaches and managers are the front facing people of the club and we hope that the parent group unites behind them to support them all season. Our football ops team led by Jeff and Daniel have instigated early season get-togethers to allow the group to share ideas and experiences to problem solve together. This will build a stronger Westbrook coach and manager community.

Club Sponsor

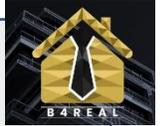
A big welcome and thank you to our new **Platinum Sponsor B4REAL** (www.b4real.digital/).

We make buying and selling property with crypto *easy*

B4REAL is a progressive group of agents, funders, developers and legal partners who have come together to create the only compliant crypto property investment program currently available in Australia.

The group's extensive experience in digital currency commercial transactions, combined with B4BIZ innovative end-to-end crypto platform, is set to revolutionise crypto investment into Australian property.

On behalf of the Westbrook Football Community, your generosity is greatly appreciated



As I've mentioned Covid-19 is still with us and will be for a bit longer. Whilst there are no additional restrictions on community sports we can see and feel the impact of the cases that are being seen in the community and especially schools. There has been significant progress made but we must always remember that there are still vulnerable people in the community and we need to continue to do our part to protect them.

Pre-Season got underway for some teams just before the wet weather hit, whilst for some others, if completely railroaded plans. It has been disruptive for us and all other clubs have been in the same position. We are spoilt having one of the best playing surfaces in the competition and only rarely will our main training ground be closed. It is still to be determined if Round 1 will be made up at during the season.

My appreciation to, to our 2022 committee, our members listed below.

President	<i>Mark Lean-Fore</i>	Merchandise / Girls	<i>Sarah Waldron</i>
Vice President / Girls	<i>Daniel Benson</i>	Registrar	<i>Sarah Aviani</i>
Secretary	<i>Phul Murdoch</i>	Sponsorship	<i>Daniel Greenwood</i>
Treasurer	<i>Sam Dinsmore</i>	Stats	<i>Ian Smith</i>
Football Ops	<i>Jeff Hardman</i>	General	<i>Ian Fraser</i>
Auskick	<i>Chloe Davis</i>	General	<i>Jackie Mardling</i>

Help needed – Can you spare 2hrs a week??

- **Communications lead** – we pride ourselves on getting our weekly newsletter published. We are after a comms lead to manage and publish our newsletter and some social media postings. If you're able to spare a couple of hours a week, we'd love to hear from you about helping out.
- **Event planner** – A couple of years without events, means we can try and plan something big for this year. If you have experience, interest (and time) in planning an event for us, we'd love to hear from you. We have a great social facility available to us and already a signed swans guernsey as the centre piece. Over to you to put your hand up and join in the organising fun!

Key Messages

Westbrook would like to reinforce 3 key messages:

1. **“Kids First” – please adopt this attitude and belief**
2. **Code of Conduct – we take this seriously & we expect your support.**
3. **Umpires – NO GO ZONE – Do not approach and do not call out to the umpire! Only a ground manager can approach an umpire, and only a manager can approach a ground manager on game issues. No exceptions.**

I can't stress these points enough. The club will not hesitate to report parents and spectators who breach the code of conduct. Additionally, any disrespect to Club officials will not be tolerated and suspensions will be issued that are enforceable under AFL Sydney Junior Bylaws. www.aflsj.com.au

Code of conduct - <https://www.westbrook afl.com.au/code-of-conduct/westbrook-code-conduct/>

Draw

The weekly newsletter will contain the games for the forthcoming weekend. If you want to look ahead, the trusted source is the AFL Website

<https://www.playhq.com/afl/org/sj-sydney-harbour/2022/d04af81a>

E Points

Breaches of code of conduct will impact premiership points directly. Players, Officials, Parents and Spectator behaviour can and will impact the teams' standing on the ladder. Please speak to you coach or manager to understand this further.

Helpers

Lastly, AFL requires many helpers to make a club and games operate effectively. When asked to volunteer for ground set up, canteen, goal umpiring, best and fairest votes, etc, please do so willingly to make it fair on everyone. Auskick parents should also get involved in their sessions each week. It is this involvement that has made us the club we are today.

Email Distribution List

We have automatically added all Westbrook registered players along with members from our Alliance partner club to our mailing list for communication and newsletters. Some of the messages may not always be relevant to all Alliance partner club members, but a lot will have relevance due to our sharing arrangements. You do have the choice to opt out.

Facebook: <https://www.facebook.com/westbrookbulldogs/>

Instagram: <https://www.instagram.com/westbrookaf/>

Website: www.westbrookaf.com.au

ATTENTION: All Coaches, Assistant Coaches and Managers please submit Working with Children Check Certificates to Ian Fraser at redlinex@live.com.au

MATCH REPORTS

Westbrook Bulldogs U9 vs Hornsby Berowra Red U9
ROUND 3 | 24 April 2022 | Rofe Park

After a much-anticipated start to the season, the Westbrook Under 9 Boys descended upon Rofe Park with a lot of pent-up energy and enthusiasm, ready to take on the first game of the season against Hornsby Berowra Eagles Red Team. Even though Hornsby were down on players, our boys happily flipped their Jersey's (4 players in each quarter) keen to play as much footy as possible.

From the opening bounce, the doggies unleashed and went straight on the attack. The boys showed off the skills they have been practicing, with some great passing and team work. The ball continually made its way to our forward line thanks to some great work in the midfield from Archie, Leo and Niki. Three goals ensued in quick succession from Michael, Tyler and Ryan, with Hornsby also scoring one to keep the game close.

The second quarter was more evenly contested, with Hornsby able to get more numbers around the ball. Patrick and Blake did very well to drive the ball forward at every chance from the midfield. Clive (our newest recruit) found himself in the thick of the action for his very first AFL game, supported by Harvey to keep the ball moving forward.

Half time oranges did the trick, and the boys came out firing in Q3. Hornsby responded quickly and pressured our defence, resulting in a goal. Their intensity was sustained with the ball remaining with the Hornsby forwards for much of the quarter. Isaac and William did an excellent job to defend and kept Hornsby to a couple of minors for the rest of the term.

With an even contest to this point, the bulldog determination shone through in the last quarter. With Michael in the Ruck, Jonny and Patrick gained possession and quickly escorted the ball forward. Tyler and Rhys worked together to penetrate Hornsby's defence, getting the ball to Rhys who scored a goal. The ball made its way down to Hornsby's forward line, but was quickly defended by William and Niki. After making its way through the midfield again, the ball moved its way forward to Mitchell who was able to kick a goal shortly before the final siren.

What a great game to start the U9 season, under warm sunshine and great playing conditions! The boys worked very well as a team, working together to move the ball and supporting their team mates when under pressure. All are to be commended for playing at least one quarter with the Hornsby team, ensuring that most were able to play 4 quarters of footy.

Goals: Michael, Tyler, Ryan, Rhys and Mitchell

Report by: Daniel Greenwood, Coach.

Westbrook Bulldogs U10 vs Pennant Hills Demons ROUND 3 | Sunday 24 April | Ern Holmes Oval

FINALLY! I'm sure it was a sentiment many felt as we finally were able to see our young pups up and about on the footy field. For those who played together last year it was a long 308 day wait.

Overall, and considering the time between matches, the pups played very well. Pleasing aspects included –

- The ruck work at the center bounce with some well-placed hit outs
- Strong tackling and pressure on the opposition players
- Some very solid marking
- Commitment to try and win the contested ball
- Working forward through chains of handballs and running

This last part was particularly rewarding to watch given the time spent on this at training over the last few weeks.

All up it was a solid first up performance, including from the two debutants Hudson and Billy. With more practice at training, and further match day experience we can no doubt expect to see improvement over the coming weeks.

Report by: Jason Welch, Team Manager.

Northwest Lightning YG U12 Blue (84) to St Ives Saints(18) ROUND 3 | 24 April 2022 | Ern Holmes Oval

Our YG12's Blue Lightning hosted familiar foes in St. Ives at the Ern on Sunday. With a few outs due to other commitments and injury (1 in the warmup), we managed to band together 9 fearless Bolts to defend our patch of turf. While we took some time to get going in the warmup, as the game drew nearer our leaders started to lift the group and ensured we started season 2022 with a bang!

The midfield dominated going early and provided plenty of opportunities for our forwards to link and connect, as the Lightning/Annabel skipped away to a big lead by the end of the first quarter.

As the game progressed and players shifted between positions, we couldn't have hoped for more from our Bolts. As some reacquainted themselves with footy, others began to find their way in a new game.

We continued to chase and put pressure on our opponents with great ball movement and protection, but then without the ball we were even more fierce, as we tackled and harassed until we had no more.

By 3 quarter time, we had enforced the mercy rule on our opponents and played with 2 less on the field, however managing to still win the 4th quarter by a goal.



It was a great team effort with a few away. We will continue to work on playing the bigger ground, where to be and how to play our parts, but we've started in a good spot.

A special mention to Annabel, who kicked 8 goals in the 2 quarters she played in the forwards. They were all very deserving and Annie continued to be a force elsewhere also. Well done.

¼ by ¼: Q1 5.0 v 0.0, Q2 7.1 v 0.3, Q3 11.6 v 1.3, FINAL 13.6-84 v 2.6-18.

Goals: Annabel McLeod (8 goals), Khiara Heyes, Emily Browne, Aliyah Bennett, Savannah Tonacia, Arlia Doak (1 goal each)

Northwest Lightning YG U12 Red (0) to Willoughby Mosman (60) ROUND 3 | 24 April 2022 | ELS Hall Oval

The NWL U12YG (Red) faced a daunting task at their first match of the 2022 season for the 2022.

They arrived to find a large field and a very willing and prepared Willoughby/Mosman side.

Willoughby/Mosman got out to a large early lead but the Lightning fought for 4 quarters- they never gave up even though they were exhausted!

It was many of the girls' first match but both the experienced players and new players kept having a go and showed great teamwork all morning.

They can take away some positives from the match- resilience, building team unity, and hard work. There are definitely areas to work on for the girls and they are excited that they have a full season to improve!

They head into a bye this week before heading to Manly for round 5.



Westbrook Bulldogs U11-3 (62) to Pennant Hills U11-3 (13) ROUND 3 | 24 April 2022 | Ern Holmes Oval

After two weeks of false starts and the promise of overcast and showery conditions, a very sunny morning greeted the mighty blues at Ern Holmes against our old rivals Pennant Hills, albeit a heavy track given recent rain. The Blue dogs fielded a squad of 14 originals and 1 loan player against their opponents. Thank you again to Oscar who played an outstanding game for helping out.

Playing on the U11 size field the first quarter got off to a very slow start for both teams and by quarter time the Blue Dogs had managed to kick one goal. Pleasingly though we kept the opposition scoreless. Given the very heavy going and the very slippery red leather Sherrin it was a very even quarter. The second quarter saw the Blue Dogs start to show the upper hand with 4 more goals added to go into halftime with a handy advantage.

The third quarter saw two more goals added with none against. All of this lead to a dominant final quarter where even though only 2 goals were kicked, 7 behinds were added and goal kicking practice will surely be on the menu for training.

The first quarter really saw us adjusting to the new field, no zones, and being back at football in general. From the first quarter on, our effort and hardness at the ball returned and our defensive game really stood us in good stead with many hard ball gets. It was great to see the hand ball offloads although some work needs to be done on when to hand ball and when to kick. It was equally heartening to see in the 3 rd and 4 th quarters our kicking accuracy and putting together sequences of 4-5 kicks and marks to move the ball downfield.

All in all an excellent start to the season but also plenty to work on at training.

Result: Westbrook Bulldogs 9.8.62 v Pennant Hills Demons 2.1.13

Goals: Jett, Sam 3, Andre 4 and James

Best on Ground: Sam, James and Andre

Finger Bun Award: Oscar and Connor

Report By: Manager Matt

Westbrook / Hornsby U13-2 (131) vs Macquarie (6) ROUND 3 | 24 April 2022

Firstly I would like to send a warm welcome all the players and parents from the Hornsby Berowra Football Club along with the new boys making their debut with the team!

What a fantastic start to the season. The first game with the new alliance with the HBE was the perfect start. From a coaching group point of view it was reward for all the hard work that the boys have put in during pre-season!

First quarter was a bit of a battle. The boys in the middle lead by Chase, Callum, Gabe and Alex E were giving us first use out of the centre. Henry on the wing was able to repel attacks, run through lines and transition the

ball moving forward. Constant forward pressure and a cracking tackle from Kristian resulted in a free kick which Callum benefited from running into an open goal and scoring the first goal of the session! The new kid on the block Kael Brown was asked to step into the Centre Half Forward position and found himself a new home. Kael's ability in the air, to turn in traffic, hit up targets with his kicking and transitional running was highlighted through the game. This play resulted in our second goal with Jake taking a strong mark in front of goal and kicking truly. For all our hard work we could only manage 2 goals 5 behinds taking an 11 point lead into half time.

The second quarter we found our mojo. Bulldog(Caleb) was moved into the middle and the boys had a well constructed plays, continually getting first hands on the ball and pumping it into our forward line. The backs lead by Felix, Lachie, Alex B and James repelling any forward momentum, enabled our forwards to get in on the action. Max, Kael and Cameron were all able to construct goals in the first game for the newly formed team. Cameron's coming in his first game ever! The crowd favourite and goal sneak Hayden again worked himself into dangerous position kicking 2 of his own! Kristian and Chase chimed in with a goal each! We were able to kick 7 goals 4 behinds for the quarter. This was our best for the day!

The 3rd quarter we changed things up again and moved Felix into the middle and with guidance from Alex E again kept the momentum in our favour. Felix as he had done all day was in the thick of everything! He was also able to kick his first goal for the year! Isaac moved into the full forward position and didn't let us down. Kicking 2 majors for the quarter. My little mate Cal was making the most of his opportunity in the forward line creating 2 goals of his own and 3 for the day. Hayden chipped in with another giving him 3 for the day. The backs as they did all day were solid at not letting in any score for the second consecutive quarter. We kicked 6 goals 2 behinds. Mercy rule implemented.

Didn't matter. Changing forwards to backs and backs to forwards. We were relentless in our attack and pressure! Curtis, who battled hard all day, was rewarded with his first goal for the team, Caleb constructed his first for the year. Isaac positioned himself well to kick another for the quarter and third for the day. The goal of the day from the Captain, 2 bounces and kick on the run from 35m was fantastic! 6 goals 2 behinds for the quarter. A great return for the team. As the backs had done all game repelled and forward attacks resulting in a third quarter with no score.

Final Westbrook Hornsby 19 goals 17 behinds 131 v Macquarie 1 goal 0 behinds 6

19 goals 17 behinds 131 v Macquarie 1 goal 0 behinds 6

Goals: 3 Callum, 3 Isaac, 3 Hayden, 1 Jake, Cameron, Kristian, Caleb, Kael, Alex E, Chase, Curtis, Felix. Max.

Best: Felix, Chase, Kael, Gabe, Cullum, Cameron, Lachie, Alex E, Caleb, Team effort!

Report by: Simon Macdonald

Westbrook Hornsby U14-2 (65) vs Peshurst Panthers U14-2 (0)
ROUND 3, Sunday 24rd April
Olds Park

With a very different looking team to 2021, the Westbrook 14s took the park for the first time in 2022. Having had an interrupted preseason and a number of player changes we were unsure what to expect, but to the boys credit they delivered well beyond any expectations of the coaches.

We knew it was going to be a tough game, with the boys having no bench, a big paddock, and an unexpectedly hot April day ahead of them. The first quarter saw some real promise with the mids dominating early. With Ryan winning the ruck and Zac Irwin (huge thanks for filling in for the day) winning contested ball, we had plenty of outside run through the likes of Nicho and Henry using their speed to repeatedly drive the ball forward. When the ball did go into our backline Isaac was composed and in control as always, while Tyler was brilliant at ground level and clean with the ball in hand.

At quarter time the forwards were reminded that we must be better at locking the ball in and working as a team, to make sure the hard work and repeat entries from our mids and backs was being recognised. To their, in credit the second and third quarters they responded in spades. Hudson showed his tenacity and creativity with ball in hand, while Noah showed great goal sense. We saw Arthur and Liam kick their first goals in their first game in the bulldogs guernsey, while Boston was hitting the contest at speed and giving himself and his team mates opportunities to score. When the ball did go into our backline we continued to have Tyler and Elliott rebounding strongly, while Ziad was tackling hard and stopping any momentum Penthurst could create.

The fourth saw us move players around and play short on numbers. With tired legs the contest was a grind, but we saw Luke show great closing speed even when exhausted and Will continuing to get his head over the football and give our outside runners use of the footy.

Overall, it was a great first game for the season and a great first game ever by a lot of our players. The boys should be super proud of their efforts and with some hard work on skills and fundamentals at training, we should be in a very strong position to be most teams a tough game in 2022.

Report by Sam Dinsmore, Coach

Goals: Noah 4, Hudson 3, Arthur 1, Liam 1, Nicho 1, Ryan 1

Best: Ryan Mardling, Noah Dinsmore, Henry Andrews, Hudson King, Tyler Evans, Isaac Browne

Northwest Lightning YG U18 (2.4 - 16) vs St Ives Saints YG U18 (6.6 – 42)

ROUND 3 | 24 April | Ern Holmes Oval

After two false starts it was third time lucky to finally get out onto the park to play a game of footy! It was perfect weather too.

We only had 15 players and opposition had almost a full complement of players which was a good effort for school holiday/long weekend round. So, we decided to borrow a player each quarter to bring us up to the match number.

Our girls in the backs defended well considering they had their work cut out for them as most of the play was in our half. In quarter 2 we got an opportunity and Annabelle took it and kicked our first goal of the year.

Quarter 3 started like the first and again our girls had to defend their goal and there was some great pressure on the St Ives girls and they really needed to push hard to get these points. Great work to all the girls in the backs.

Considering we had no reserves on the bench this week the girls seemed to find their second wind and finished the final quarter off really strong with some great individual performance from Liv which worked hard to score our second goal, and we also kicked four behinds.

Well done girls!

Shout out to the St Ives's girls who took turns to put the NWL jersey on and play for us.

¼ by ¼: Q1 0.0 v 2.2, Q2 1.0 v 1.1, Q3 0.0 v 2.2, Q4 1.4 v 1.1, FINAL 2.4-16 v 6.6-42.

Goals: Annabelle Rickerby (1); Olivia Morris (1)

Report by: Perry Waldron – Coach & Sarah Waldron – Manager

Westbrook Hornsby U17-1 (4-3-27) v Macarthur (11-9-75) ROUND 3 | 24 April | Greenway Park West Hoxton

Let me start on a positive note, A big congratulations to Willis Stafford-Gaffney on reaching the massive milestone of 150 games. Very few players reach 150 games of top end Junior footy and it says something about that person that has the selflessness, ability and stoicism to come back game after game, year after year, often backing up and helping teams other than his own and club mates to ensure those around him have a positive experience. Well Done Mate

Our Leadership group has been announced with Jack Kinane as Captain, Brad Gill and Ryan Lauff as Vice Captains and Silk and Stix rounding out the Leadership group. Fortunately, the remaining boys all take a leadership role on the paddock which is why we have been such a tight nit group in the past.

They say poor preparation leads into poor performance and although our preseason couldn't have been better the pre-game warm up gave us a little window into how the day would progress.

The Magpies were a different looking team from the fortnight prior when we played them in a practice hit out.

This I fear may have lulled the dogs into a false sense of security.

This season is the most unpredictable that I have been a part of, with Ingleburn, Camden and SWS tigers merging they could be the team to watch.

Our inability to run with them and do the 1% efforts saw the final score flatter us. The pressure the Maggies placed on us nullified our skill and with no blocking or shepherding by the WBH boys doubt crept into the boys game.

As one thing begats the next, when heads drop its very hard to pick them back up again and the Macarthur boys took full advantage, they were running on top of the ground as we were having issues with our cement Adidas runners.

As a wise man once said, thankfully there is next week to make ameens.

I look forward to witnessing the attitude change that I know this group can conjure, as I know that this group can and have rebounded from such beltings before. 10 Players and 6 passengers can not beat a team of 16 no matter how good the 10 are.

The important thing is that we evaluate where we went wrong, adjust, and come out stronger for the experience.

¼ by ¼: Q1 Q2 Q3 Q4 FINAL 5.5-35 v 10.9-69.

Goals: Irwin McNeil Zander Damo

Best: Brad, Cam M, Stix, Jack, Silk

Report by: Jeff

WESTBROOK CLUB SONG

*Good old Westbrook forever,
We know how to play the game.
Side by side we stick together,
To uphold the Bulldogs name.
Hear the barrackers a shouting,
As all barrackers should.
Oh, the premierships a cakewalk
For the good old Westbrook.*

NORTH WEST LIGHTNING CLUB SONG

*Girls of Northwest
Yellow, Red and Blue
Hornsby, Penno, Westbrook
Lightning through and through
With a lightning flash, a lightning strike
We'll give our very best
You can't beat the girls from the lightning team
The mighty girls of Northwest*

CONNECT - WEB, APP, FB

Keep your index finger on the pulse of our club with the Westbrook TeamApp.

News, Events, Fixtures, Ladder, all in your hand.

Go to the App (Apple) or Play Store (Android), find TeamApp, download it and register for

Westbrook. Fixtures are viewed via Sydney Juniors.

Follow us on Facebook, and see our website for more details. Click the images below.



CLUB SPONSORS

"Please support the businesses that support us"



**Alan Oxford's
PLUMBING
& ELECTRICAL**



9894 9623



ZedCare
ABILITY SERVICES



print design websites
Smithfield / Wetherill Park

